

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 8/12/24 to 8/16/24

Week 1

	MON 8/12	TUE 8/13	WED 8/14	THURS 8/15	FRI 8/16
BREAKFAST	BREAKFAST PIZZA	BREAKFAST CASSEROLE			
Grain or Meat/Meat Alternate	GRAVY, SAUSAGE, CHEESE	EGGS, CHEESE	WAFFLES W/CHICKEN TENDERS	TOAST -WW	BISCUIT WGR
Fruit/Vegetable	CANTALOUPE	BROCCOLI	MIXED BERRIES	BANANA	PEACHES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra			MAPLE SYRUP PC-SF	RICE CRISPIES CEREAL	SAUSAGE GRAVY
AM SNACK					
Component 1	RITZ CRACKERS	PANCAKE STICK	FRUIT CUP	TURKEY, CHEESE	YOGURT
Component 2	CREAM CHEESE PC	APPLE SAUCE	PITA CHIPS	CROISSANT	WAFFLE
Extra	STRAWBERRY JAM				MIXED BERRIES, GRANOLA CRUMBS
LUNCH	LASAGNA		PIZZA	CHICKEN SALAD	
Meat/Meat Alternate	HAMBURGER	HAM	PEPPERONI	DICED CHICKEN	SALISBURY STEAK
Grain	LASGNA NOODLES	PINTO BEANS	(CRUST-WW)	BLACKBEANS, GREEN & RED BELL PEPPERS	DINNER ROLL
Vegetable	GREEN BEANS	LETTUCE, TOMATO	GREEN SALAD	LEAF LETTUCE	GREEN BEANS
Fruit or Vegetable	SLICED PEARS	SLICED APPLES	CARROT STICKS	GRAPES	*WATERMELON
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	GARLIC BREAD	FLAT BREAD WW	RANCH	SALTINE CRACKERS	MASHED POTATOES
PM SNACK	VERY BERRY FRUIT SALSA	QUESADILLA	SMACKER		
Component 1	MIXED BERRIES	BANANA SLICES	BREAD WW	CUCUMBER, CARROTS	CHEEZ-ITS
Component 2	CINNAMON CHIPS	TORTILLA WW	WHOLE/1% MILK	PICKLE SPEARS	APPLE JUICE 100%
Extra			STRAWBERRY JAM		SALTINES WGR

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 8/19/24 to 8/23/24

Week 2

	MON 8/19	TUE 8/20	WED 8/21	THURS 8/22	FRI 8/23
BREAKFAST		CHEESE CRISP			
Grain or Meat/Meat Alternate	CINNAMON OATMEAL	TORTILLA, CHEESE	ENGLISH MUFFIN	KIX CEREAL	PANCAKE STICK
Fruit/Vegetable	ORANGE	APPLE, BANANA, ORANGE	MIXED BERRIES	BANANA	APRICOTS
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	TOAST WW		BOILED EGG, SAUSAGE LINK		
AM SNACK	EGG SLIDERS				
Component 1	BOILED EGG	GRAPES	APPLESAUCE	CHERRY TOMATOES	BANANA YOGURT
Component 2	ROLL	TRAIL MIX	PRETZEL STICKS	WHEAT THINS	APPLE SLICES
Extra					
LUNCH	BURRITO	SPAGHETTI	CHILI BEANS	CLUB SUB	TACOS
Meat/Meat Alternate	BEAN/CHEESE	GROUND BEEF W/SAUCE	GROUND BEEF	HAM, TURKEY, SWISS CHEESE	DICED CHICKEN
Grain	TORTILLA WW	SPAGHETTI NOODLES WG	FLAT BREAD WW	SUB BUN	CORN TORTILLA
Vegetable	CORN	MIXED SALAD	BEANS	LETTUCE, TOMATOES	LETTUCE, TOMATOES
Fruit or Vegetable	DICED PEARS	APPLE	GRAPES	*WATERMELON	PEACHES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		DINNER ROLL	CHEESE STICK	MAYO/MUSTARD	CHEESE/SALSA
PM SNACK	AGUA DE MELON	LUNCHABLE - HM			
Component 1	CANTALOUPE	BOLOGNA	WAFFLE	APPLE JUICE 100%	OATMEAL BAR
Component 2	RITZ CRACKERS	CHEESE CUBES	STRAWBERRY	TEDDY GRAHAMS	WHOLE/1% MILK
Extra		TOWN HOUSE CRACKERS	WHIP TOPPING		

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 8/26/24 to 8/30/23

Week 3

	MON 8/26	TUE 8/27	WED 8/28	THURS 8/29	FRI 8/30
BREAKFAST	TATERTOT CASSEROLE	AVOCADO TOAST	BREAKFAST SANDWICH		
Grain or Meat/Meat Alternate	EGGS, SAUSAGE	TOAST, AVOCADO	BAGEL, EGG	CHERRIOS	PANCAKE
Fruit/Vegetable	TATERTOTS	GRAPEFRUIT	PEACHES	BANANA	STRAWBERRIES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	ORANGE		CHEESE		
AM SNACK			MANGO SMOOTHIE		CHEESE CRISP
Component 1	RITZ CRACKERS	GRAHAM CRACKERS	MANGO	HM BLUEBERRY MUFFIN WW	TORTILLA WW
Component 2	TURKEY SLICES	WHOLE/1% MILK	VANILLA YOGURT	APPLE SAUCE	CHEESE
Extra			PRETZEL STICKS		
LUNCH	CHICKEN POTPIE	TACO SALAD	PIZZA PASTA	TURKEY SANDWICH	POT ROAST
Meat/Meat Alternate	DICED CHICKEN	GROUND BEEF	PEPPERONI	TURKEY	BEEF ROAST
Grain	BISCUIT	TORTILLA CHIPS	ROTINI PASTA WG	BREAD WW	DINNER ROLL WW
Vegetable	PEAS, CARROTS, CELERY	LETTUCE/TOMATOES	BROCCOLI	CARROT STICKS	MASHED POTATOES
Fruit or Vegetable	APPLE SLICES	FRUIT COCKTAIL	DICED PEARS	PINEAPPLE CHUNKS	GRAPES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		SALSA PC		LETTUCE/TOMATOES	
PM SNACK					CUCUMBER TOMATO SALAD
Component 1	GOLDFISH CRACKERS	CELERY, CARROTS	STRAWBERRY YOGURT	CHEX MIX	CUCUMBER
Component 2	GRAPES	HUMMUS	BANANA	APPLE JUICE 100%	MOZZARELLA CUBES
Extra					ITALIAN DRESSING

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 9/2/24 to 9/6/24

Week 4

	MON 9/2	TUE 9/3	WED 9/4	THURS 9/5	FRI 9/6
BREAKFAST	SAUSAGE WRAP				BREAKFAST SANDWICH
Grain or Meat/Meat Alternate	SCRAMBLED EGGS, SAUSAGE LINK	OATMEAL WG	BOILD EGG, BAGEL WW	PANCAKES	EGG PATTY, CHEESE
Fruit/Vegetable	PEACHES	BLUEBERRIES, RASPBERRIES	GRAPES	FRUIT BOWL	ORANGES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	CHEESE, FLOUR TORTILLA WW	TOAST WW	CREAM CHEESE PC		HAM, ENGLISH MUFFIN
AM SNACK	APPLE SLICE ACTIVITY				GRAPE JAM SANDWICH
Component 1	APPLES, SUN BUTTER	CHEX MIX	STRAWBERRY YOGURT	NAAN DIPPERS	BREAD WW
Component 2	RAISENS, OATS	APPLE JUICE 100%	WHEAT THINS	HUMMIS DIP	WHOLE/1% MILK
Extra	CHOCOLATE CHIPS				GRAPE JAM
LUNCH	CHEESEBURGERS	CHICKEN ALFREDO	BEEF STIR FRY		GOULASH
Meat/Meat Alternate	HAMBURGER PATTY	DICED CHICKEN	BEEF CUBES	PORK CHOP	GROUND BEEF
Grain	HAMBURGER BUN WW	PENNE PASTA WG	RICE WG	FLOUR TORTILLA WW	HAWAIIAN ROLL WW
Vegetable	LETTUCE, TOMATOES, PICKLES	BROCCOLI	VEGETABLE MEDLEY	LIMA BEANS	CUCUMBER SLICES
Fruit or Vegetable	*WATERMELON	DICED PEARS	PINEAPPLES	APPLES	FRUIT COCKTAIL
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	TATER TOTS	BREAD STICK			
PM SNACK			SANDWICH		MINI BAGEL PIZA
Component 1	CARROT SLICES	RITZ CRACKERS	BREAD WW	SOFT PRETZEL	BAGEL
Component 2	CUCUMBER SLICES	STRING CHEESE	BANANA SLICES	CHEESE SAUCE	CHEESE, SAUCE
Extra	RANCH				PEPPERONI

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM



	MON 9/9	TUE 9/10	WED 9/11	THURS 9/12	FRI 9/13
BREAKFAST	BREAKFAST TACOS			QUICHE	TATERTOT CASSEROLE
Grain or Meat/Meat Alternate	TURKEY CHORIZO	HM PUMPKIN BREAD	SAUSAGE PATTY	EGG, SQUASH	SAUSAGE GRAVY
Fruit/Vegetable	BANANA	APPLESAUCE	BLUEBERRY	STRAWBERRY	ORANGE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	CORN TORTILLA, EGGS	SCRAMBLED EGGS	HM BLUEBERRY PANCAKE	CHEESE	TATERTOTS
AM SNACK				NUTELLA SANDWICH	
Component 1	PEACH FRUIT CUP	PEACHES	BOILED EGG	BREAD WW	BANANA BREAD HM-WW
Component 2	GRAHAM CRACKERS	COTTAGE CHEESE	HAM	BANANA SLICES	WHOLE/1% MILK
Extra	CREAM CHEESE			NUTELLA SPREAD	
LUNCH				CHICKEN RICE CASSEROLE	
Meat/Meat Alternate	PORK CHOP	GROUND BEEF	STEW MEAT	CHICKEN THIGH	RED CHILI BEEF
Grain	DINNER ROLL	SPANISH RICE	SCOF CHEMATH HM	RICE WG	MINI FLAT BREAD
Vegetable	SQUASH & CHEESE	CORN ON THE COB	BROWN TEPARY BEANS	MIXED VEGETABLES	PINTO BEANS HM
Fruit or Vegetable	ORANGES	PEARS	*HONEYDEW	PEACHES	PINEAPPLE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		CHEMATH HM		CORN BREAD	
PM SNACK			BANANA BOAT ACTIVITY	HM LUNCHABLE	FRESH FRUIT SHAKE
Component 1	BANANA YOGURT	GRANOLA BAR	BANANA	RITZ CRACKERS	STRAWBERRY
Component 2	ANIMAL CRACKERS	STRAWBERRIES	HOTDOG BUN	SLICED HAM	GRAHAM CRACKERS
Extra			NUTELLA SPREAD	SLICED CHEESE	

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices (served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 9/16/24 to 9/20/24

Week 6

	MON 9/16	TUE 9/17	WED 9/18	THURS 9/19	FRI 9/20
BREAKFAST					
Grain or Meat/Meat Alternate	CANADIAN BACON	SCRAMBLED EGGS	CREAM OF WHEAT WG	CHERRIOS CEREAL	BISCUIT WGR
Fruit/Vegetable	POTATOES	SLICED PEAR	BANANA	DICED PEACHES	APPLESAUCE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		TOAST WW			DICED HAM & EGGS
AM SNACK					
Component 1	VANILLA YOGURT	RITZ CRACKERS	BAKED APPLES	CHEDDAR CHEESE SQUARE	ORANGE JUICE 100%
Component 2	ANIMAL CRACKERS	CHERRY TOMATOES	GRAHAM CRACKERS	CLUB CRACKERS	CHEX CEREAL
Extra		DICED CHEESE			
LUNCH	TERIYAKI CHICKEN	SLOPPY JOE	CHICKEN TENDERS	HAM SLIDERS	MEATLOAF
Meat/Meat Alternate	DICED CHICKEN	GROUND BEEF	CHICKEN TENDERS	SLICED HAM, SLICED CHEESE	GROUND BEEF
Grain	BROWN RICE WG	HAMBURGER BUN WG	DINNER ROLL WG	HAWAIIAN ROLL WG	MACARONI & CHEESE
Vegetable	ROASTED YELLOW SQUASH	GREEN BEANS	OVEN FRIES	LETTUCE, TOMATOES	ROASTED RED POTATOES
Fruit or Vegetable	PINEAPPLE TIDBITS	MANDARIN ORANGE	FRUIT COCKTAIL	STEAMED CARROTS	DICED APPLE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra					
PM SNACK		PITA SANDWICH		LADY BUG ACTIVITY	SANDWICH
Component 1	APPLE SAUCE	PITA BREAD	STRING CHEESE	ENGLISH MUFFIN	BREAD WW
Component 2	CORNBREAD	AMERICAN CHEESE	DICED PEACHES	RAISINS	SLICED HAM
Extra		SLICED TURKEY		STRAWBERRY JAM	SLICED CHEESE

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 9/23/24 to 9/27/24

Week 7

	MON 9/23	TUE 9/24	WED 9/25	THURS 9/26	FRI 9/27
BREAKFAST	BREAKFAST PIZZA	BREAKFAST CASSEROLE			
Grain or Meat/Meat Alternate	GRAVY, SAUSAGE, CHEESE	EGGS, CHEESE	WAFFLES W/CHICKEN TENDERS	TOAST -WW	BISCUIT WGR
Fruit/Vegetable	CANTALOUPE	BROCCOLI	MIXED BERRIES	BANANA	PEACHES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra			MAPLE SYRUP PC-SF	RICE CRISPIES CEREAL	SAUSAGE GRAVY
AM SNACK					
Component 1	RITZ CRACKERS	PANCAKE STICK	FRUIT CUP	TURKEY, CHEESE	YOGURT
Component 2	CREAM CHEESE PC	APPLE SAUCE	PITA CHIPS	CROISSANT	WAFFLE
Extra	STRAWBERRY JAM				MIXED BERRIES, GRANOLA CRUMBS
LUNCH	LASAGNA		PIZZA	CHICKEN SALAD	
Meat/Meat Alternate	HAMBURGER	HAM	PEPPERONI	DICED CHICKEN	SALISBURY STEAK
Grain	LASGNA NOODLES	PINTO BEANS	(CRUST-WW)	BLACKBEANS, GREEN & RED BELL PEPPERS	DINNER ROLL
Vegetable	GREEN BEANS	LETTUCE, TOMATO	GREEN SALAD	LEAF LETTUCE	GREEN BEANS
Fruit or Vegetable	SLICED PEARS	SLICED APPLES	CARROT STICKS	GRAPES	*WATERMELON
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	GARLIC BREAD	FLAT BREAD WW	RANCH	SALTINE CRACKERS	MASHED POTATOES
PM SNACK	VERY BERRY FRUIT SALSA	QUESADILLA	SMACKER		
Component 1	MIXED BERRIES	BANANA SLICES	BREAD WW	CUCUMBER, CARROTS	CHEEZ-ITS
Component 2	CINNAMON CHIPS	TORTILLA WW	WHOLE/1% MILK	PICKLE SPEARS	APPLE JUICE 100%
Extra			STRAWBERRY JAM		SALTINES WGR

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 9/30/24 to 10/4/24

Week 8

	MON 9/30	TUE 10/1	WED 10/2	THURS 10/3	FRI 10/4
BREAKFAST		CHEESE CRISP			
Grain or Meat/Meat Alternate	CINNAMON OATMEAL	TORTILLA, CHEESE	ENGLISH MUFFIN	KIX CEREAL	PANCAKE STICK
Fruit/Vegetable	ORANGE	APPLE, BANANA, ORANGE	MIXED BERRIES	BANANA	APRICOTS
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	TOAST WW		BOILED EGG, SAUSAGE LINK		
AM SNACK	EGG SLIDERS				
Component 1	BOILED EGG	GRAPES	APPLESAUCE	CHERRY TOMATOES	BANANA YOGURT
Component 2	ROLL	TRAIL MIX	PRETZEL STICKS	WHEAT THINS	APPLE SLICES
Extra					
LUNCH	BURRITO	SPAGHETTI	CHILI BEANS	CLUB SUB	TACOS
Meat/Meat Alternate	BEAN/CHEESE	GROUND BEEF W/SAUCE	GROUND BEEF	HAM, TURKEY, SWISS CHEESE	DICED CHICKEN
Grain	TORTILLA WW	SPAGHETTI NOODLES WG	FLAT BREAD WW	SUB BUN	CORN TORTILLA
Vegetable	CORN	MIXED SALAD	BEANS	LETTUCE, TOMATOES	LETTUCE, TOMATOES
Fruit or Vegetable	DICED PEARS	APPLE	GRAPES	*WATERMELON	PEACHES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		DINNER ROLL	CHEESE STICK	MAYO/MUSTARD	CHEESE/SALSA
PM SNACK	AGUA DE MELON	LUNCHABLE - HM			
Component 1	CANTALOUPE	BOLOGNA	WAFFLE	APPLE JUICE 100%	OATMEAL BAR
Component 2	RITZ CRACKERS	CHEESE CUBES	STRAWBERRY	TEDDY GRAHAMS	WHOLE/1% MILK
Extra		TOWN HOUSE CRACKERS	WHIP TOPPING		

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

Menu for the Week of 10/7/24 to 10/11/24

Week 9

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 10/7	TUE 10/8	WED 10/9	THURS 10/10	FRI 10/11
BREAKFAST	TATERTOT CASSEROLE	AVOCADO TOAST	BREAKFAST SANDWICH		
Grain or Meat/Meat Alternate	EGGS, SAUSAGE	TOAST, AVOCADO	BAGEL, EGG	CHERRIOS	PANCAKE
Fruit/Vegetable	TATERTOTS	GRAPEFRUIT	PEACHES	BANANA	STRAWBERRIES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	ORANGE		CHEESE		
AM SNACK			MANGO SMOOTHIE		CHEESE CRISP
Component 1	RITZ CRACKERS	GRAHAM CRACKERS	MANGO	HM BLUEBERRY MUFFIN WW	TORTILLA WW
Component 2	TURKEY SLICES	WHOLE/1% MILK	VANILLA YOGURT	APPLE SAUCE	CHEESE
Extra			PRETZEL STICKS		
LUNCH	CHICKEN POTPIE	TACO SALAD	PIZZA PASTA	TURKEY SANDWICH	POT ROAST
Meat/Meat Alternate	DICED CHICKEN	GROUND BEEF	PEPPERONI	TURKEY	BEEF ROAST
Grain	BISCUIT	TORTILLA CHIPS	ROTINI PASTA WG	BREAD WW	DINNER ROLL WW
Vegetable	PEAS, CARROTS, CELERY	LETTUCE/TOMATOES	BROCCOLI	CARROT STICKS	MASHED POTATOES
Fruit or Vegetable	APPLE SLICES	FRUIT COCKTAIL	DICED PEARS	PINEAPPLE CHUNKS	GRAPES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		SALSA PC		LETTUCE/TOMATOES	
PM SNACK					CUCUMBER TOMATO SALAD
Component 1	GOLDFISH CRACKERS	CELERY, CARROTS	STRAWBERRY YOGURT	CHEX MIX	CUCUMBER
Component 2	GRAPES	HUMMUS	BANANA	APPLE JUICE 100%	MOZZARELLA CUBES
Extra					ITALIAN DRESSING

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 10/14/24 to 10/18/24

Week 10

	MON 10/14	TUE 10/15	WED 10/16	THURS 10/17	FRI 10/18
BREAKFAST	SAUSAGE WRAP				BREAKFAST SANDWICH
Grain or Meat/Meat Alternate	SCRAMBLED EGGS, SAUSAGE LINK	OATMEAL WG	BOILD EGG, BAGEL WW	PANCAKES	EGG PATTY, CHEESE
Fruit/Vegetable	PEACHES	BLUEBERRIES, RASPBERRIES	GRAPES	FRUIT BOWL	ORANGES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	CHEESE, FLOUR TORTILLA WW	TOAST WW	CREAM CHEESE PC		HAM, ENGLISH MUFFIN
AM SNACK	APPLE SLICE ACTIVITY				GRAPE JAM SANDWICH
Component 1	APPLES, SUN BUTTER	CHEX MIX	STRAWBERRY YOGURT	NAAN DIPPERS	BREAD WW
Component 2	RAISENS, OATS	APPLE JUICE 100%	WHEAT THINS	HUMMIS DIP	WHOLE/1% MILK
Extra	CHOCOLATE CHIPS				GRAPE JAM
LUNCH	CHEESEBURGERS	CHICKEN ALFREDO	BEEF STIR FRY		GOULASH
Meat/Meat Alternate	HAMBURGER PATTY	DICED CHICKEN	BEEF CUBES	PORK CHOP	GROUND BEEF
Grain	HAMBURGER BUN WW	PENNE PASTA WG	RICE WG	FLOUR TORTILLA WW	HAWAIIAN ROLL WW
Vegetable	LETTUCE, TOMATOES, PICKLES	BROCCOLI	VEGETABLE MEDLEY	LIMA BEANS	CUCUMBER SLICES
Fruit or Vegetable	*WATERMELON	DICED PEARS	PINEAPPLES	APPLES	FRUIT COCKTAIL
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	TATER TOTS	BREAD STICK			
PM SNACK			SANDWICH		MINI BAGEL PIZA
Component 1	CARROT SLICES	RITZ CRACKERS	BREAD WW	SOFT PRETZEL	BAGEL
Component 2	CUCUMBER SLICES	STRING CHEESE	BANANA SLICES	CHEESE SAUCE	CHEESE, SAUCE
Extra	RANCH				PEPPERONI

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM



	MON 10/21	TUE 10/22	WED 10/23	THURS 10/24	FRI 10/25
BREAKFAST	BREAKFAST TACOS			QUICHE	TATERTOT CASSEROLE
Grain or Meat/Meat Alternate	TURKEY CHORIZO	HM PUMPKIN BREAD	SAUSAGE PATTY	EGG, SQUASH	SAUSAGE GRAVY
Fruit/Vegetable	BANANA	APPLESAUCE	BLUEBERRY	STRAWBERRY	ORANGE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	CORN TORTILLA, EGGS	SCRAMBLED EGGS	HM BLUEBERRY PANCAKE	CHEESE	TATERTOTS
AM SNACK				NUTELLA SANDWICH	
Component 1	PEACH FRUIT CUP	PEACHES	BOILED EGG	BREAD WW	BANANA BREAD HM-WW
Component 2	GRAHAM CRACKERS	COTTAGE CHEESE	HAM	BANANA SLICES	WHOLE/1% MILK
Extra	CREAM CHEESE			NUTELLA SPREAD	
LUNCH				CHICKEN RICE CASSEROLE	
Meat/Meat Alternate	PORK CHOP	GROUND BEEF	STEW MEAT	CHICKEN THIGH	RED CHILI BEEF
Grain	DINNER ROLL	SPANISH RICE	SCOF CHEMATH HM	RICE WG	MINI FLAT BREAD
Vegetable	SQUASH & CHEESE	CORN ON THE COB	BROWN TEPARY BEANS	MIXED VEGETABLES	PINTO BEANS HM
Fruit or Vegetable	ORANGES	PEARS	*HONEYDEW	PEACHES	PINEAPPLE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		CHEMATH HM		CORN BREAD	
PM SNACK			BANANA BOAT ACTIVITY	HM LUNCHABLE	FRESH FRUIT SHAKE
Component 1	BANANA YOGURT	GRANOLA BAR	BANANA	RITZ CRACKERS	STRAWBERRY
Component 2	ANIMAL CRACKERS	STRAWBERRIES	HOTDOG BUN	SLICED HAM	GRAHAM CRACKERS
Extra			NUTELLA SPREAD	SLICED CHEESE	

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

Menu for the Week of 10/28/24 to 11/1/24

Week 12

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 10/28	TUE 10/29	WED 10/30	THURS 10/31	FRI 11/1
BREAKFAST					
Grain or Meat/Meat Alternate	CANADIAN BACON	SCRAMBLED EGGS	CREAM OF WHEAT WG	CHERRIOS CEREAL	BISCUIT WGR
Fruit/Vegetable	POTATOES	SLICED PEAR	BANANA	DICED PEACHES	APPLESAUCE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		TOAST WW			DICED HAM & EGGS
AM SNACK					
Component 1	VANILLA YOGURT	RITZ CRACKERS	BAKED APPLES	CHEDDAR CHEESE SQUARE	ORANGE JUICE 100%
Component 2	ANIMAL CRACKERS	CHERRY TOMATOES	GRAHAM CRACKERS	CLUB CRACKERS	CHEX CEREAL
Extra		DICED CHEESE			
LUNCH	TERIYAKI CHICKEN	SLOPPY JOE	CHICKEN TENDERS	HAM SLIDERS	MEATLOAF
Meat/Meat Alternate	DICED CHICKEN	GROUND BEEF	CHICKEN TENDERS	SLICED HAM, SLICED CHEESE	GROUND BEEF
Grain	BROWN RICE WG	HAMBURGER BUN WG	DINNER ROLL WG	HAWAIIAN ROLL WG	MACARONI & CHEESE
Vegetable	ROASTED YELLOW SQUASH	GREEN BEANS	OVEN FRIES	LETTUCE, TOMATOES	ROASTED RED POTATOES
Fruit or Vegetable	PINEAPPLE TIDBITS	MANDARIN ORANGE	FRUIT COCKTAIL	STEAMED CARROTS	DICED APPLE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra					
PM SNACK		PITA SANDWICH		LADY BUG ACTIVITY	SANDWICH
Component 1	APPLE SAUCE	PITA BREAD	STRING CHEESE	ENGLISH MUFFIN	BREAD WW
Component 2	CORNBREAD	AMERICAN CHEESE	DICED PEACHES	RAISINS	SLICED HAM
Extra		SLICED TURKEY		STRAWBERRY JAM	SLICED CHEESE

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

Menu for the Week of 11/4/24 to 11/8/24

Week 13

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 11/4	TUE 11/5	WED 11/6	THURS 11/7	FRI 11/8
BREAKFAST	HM BREAKFAST BURRITO				
Grain or Meat/Meat Alternate	EGG, POTATO, CHEESE	FRENCH TOAST STICK WGR	OATMEAL WGR	SCRAMBLED EGGS	BISCUIT WGR
Fruit/Vegetable	ORANGE SLICES	APPLESAUCE	STRAWBERRIES	PEACH SLICES	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	FLOUR TORTILLA				SAUSAGE GRAVY
AM SNACK					
Component 1	CELERY	BANANA LOAF	STRING CHEESE	GRAHAM CRACKERS	EGG SALAD
Component 2	RAISINS	MILK WHOLE/1%	APPLE SLICES	MILK WHOLE/1%	CLUB CRACKERS
Extra	APPLE BUTTER				
LUNCH			HAMBURGER	SUB SANDWICH	
Meat/Meat Alternate	BBQ CHICKEN DICED	CHICKEN TENDERS	HAMBURGER PATTY	HAM, CHEESE	CHICKEN EGGROLLS
Grain	BUN WGR	DINNER ROLL WGR	HAMBURGER BUN WGR	SUB BUN WGR	BROWN RICE
Vegetable	CORN COB	OVEN FRIES	BAKED BEANS, PICKLES	SLICED CUCUMBERS	PEAS & CARROTS
Fruit or Vegetable	*WATERMELON	PEARS	GRAPES	*HONEYDEW	PINEAPPLE CHUNKS
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra			KETCHUP/MUSTARD	MAYO, MUSTARD	SWEET & SOUR SAUCE
PM SNACK					
Component 1	COTTAGE CHEESE	CHEEZ-ITS	ORANGE SLICES	STRAW-YOGURT CHEX MIX	CHEESE CUBES
Component 2	PEACH SLICES	ORANGE JUICE	GOLDFISH CRACKERS	APPLE JUICE	HAM
Extra					SALTINES WGR

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 11/11/24 to 11/15/24

Week 14

	MON 11/11	TUE 11/12	WED 11/13	THURS 11/14	FRI 11/15
BREAKFAST	BREAKFAST SANDWICH				
Grain or Meat/Meat Alternate	ENGLISH MUFFIN WGR/EGG PATTY	BREAKFAST BURRITO	TOAST WGR	CHEERIOS	PANCAKES
Fruit/Vegetable	CANTALOUPE	STRAWBERRIES	ORANGE SLICES	GRAPES	MIXED BERRIES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	CANADIAN BACON		BOILED EGG		SAUSAGE PATTY
AM SNACK		ROLL UP	TOASTED CHEESE SANDWICH		
Component 1	MANDARIN ORANGES	HAM	WHEAT TOAST WGR	SOFT PRETZEL	BUNNY GRAHAMS
Component 2	CLUB CRACKERS	FLOUR TORTILLA WGR	CHEESE	CHEESE DIP	MILK WHOLE/1%
Extra		CHEESE			
LUNCH	HM PIZZA	TACOS	SANDWICH		CHICKEN SANDWICH
Meat/Meat Alternate	PEPPERONI	GROUND BEEF/CHEESE	TURKEY/CHEESE	DICED HAM	CHICKEN PATTY/ CHEESE
Grain	PIZZA CRUST	CORN TORTILLAS WGR	BREAD WGR	BISCUIT	HAMBURGER BUN WGR
Vegetable	GARDEN SALAD	CARROT STICKS	CUCUMBERS	ZUCCHINI	BAKED FRIES/ PICKLE SPEARS
Fruit or Vegetable	PEARS	DICED PEACHES	*WATERMELON	APPLE SLICES	FRUIT COCKTAIL
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	CHEESE	SPANISH RICE	BAKED POTATO CHIPS	LIMA BEANS	LETTUCE/TOMATO
PM SNACK					
Component 1	CINNAMON RAISIN TOAST	CHOCOLATE CHEX MIX	STRAWBERRY YOGURT	CELERY STICKS	RITZ CRACKERS
Component 2	MILK WHOLE/1%	GRAPE JUICE	BANANA	APPLE BUTTER	STRING CHEESE
Extra				RAISINS	

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

Menu for the Week of 11/18/24 to 11/22/24

Week 15

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 11/18	TUE 11/19	WED 11/20	THURS 11/21	FRI 11/22
BREAKFAST					
Grain or Meat/Meat Alternate	PANCAKE STICK	WHEAT TOAST WGR	CREAM OF WHEAT	WAFFLE WGR	BISCUIT WGR/GRAVY
Fruit/Vegetable	APPLESAUCE	BANANA	GRAPES	PEACHES	STRAWBERRIES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		SCRAMBLED EGG	WHEAT TOAST WGR		SCRAMBLED SAUSAGE
AM SNACK					
Component 1	BAGEL	PEACHES	VANILLA YOGURT	MANGOS	KIWI
Component 2	ORANGE SLICES	COTTAGE CHEESE	BLUEBERRIES	MILK WHOLE/1%	RITZ CRACKERS
Extra	CREAM CHEESE				
LUNCH	SLOPPY JOE			TURKEY SANDWICH	TACO BOWL
Meat/Meat Alternate	SLOPPY JOE	SPLIT PEAS W/ HAM	BEEF STEW	TURKEY, CHEESE	GROUND BEEF/CHEESE
Grain	HAMBURGER BUN WGR	*CHEMATH WW	LAZY BREAD	FLAT BREAD	TACO SHELL BOWL
Vegetable	BAKED FRIES	SWEET POTATO FRIES	POTATO/CORN/CARROT/CELERY	CUCUMBERS	LETTUCE/TOMATOES
Fruit or Vegetable	*HONEYDEW	PEARS	FRUIT COCKTAIL	ORANGE	APPLE SLICES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra				LETTUCE, TOMATO	
PM SNACK					SANDWICH
Component 1	PEACH YOGURT	STRING CHEESE	APPLE JUICE	BAKED TOSTITOS SCOOPS	BOLOGNA
Component 2	GRAHAM CRACKERS	MINI PRETZES	CHEEZ-ITS	NACHO CHEESE DIP	WGR BREAD
Extra					

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 11/25/24 to 11/29/24

Week 16

	MON 11/25	TUE 11/26	WED 11/27	THURS 11/28	FRI 11/29
BREAKFAST	BREAKFAST SANDWICH		HM BREAKFAST BURRITO		
Grain or Meat/Meat Alternate	ENGLISH MUFFIN/SAUSAGE PATTY	WHEAT TOAST WGR	TORTILLA, EGGS, CHEESE	FROSTED MINI WHEATS	CHICKEN TENDERS/WAFFLES
Fruit/Vegetable	APPLE SLICES	GRAPEFRUIT/AVOCADO	*WATERMELON	BANANA	STRAWBERRIES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	EGG PATTY/CHEESE		POTATO, CANADIAN BACON	TOAST WGR	MAPLE SYRUP
AM SNACK	BANANA WRAP	LETTUCE WRAP			
Component 1	FLOUR TORTILLA	ROMAINE LEAF LETTUCE	PANCAKE STICK	APPLE SLICES	COTTAGE CHEESE
Component 2	BANANA	HAM	APPLESAUCE	STRWB-BAN YOGURT	DICED PEARS
Extra	NUTELLA	CHEESE			
LUNCH	FRENCH BREAD PIZZ	MEAT SAUCE	CHILI BEANS	SUB SANDWICH	BEEF STIRFRY
Meat/Meat Alternate	PEPPERONI	HAMBURGER W/SPAGHETTI SAUCE	HAMBURGER/BEANS	SLICED HAM & TURKEY	BEEF CUBES
Grain	FRENCH BREAD WGR	GARLIC BREAD WGR	BREAD HM	SUB BUN WGR	BROWN RICE WGR
Vegetable	CARROTS/CELERY	FRESH SALAD	KERNEL CORN	LETTUCE/TOMATO/SLICED PICKLE	BROCCOLI/ STIR FRY VEGETABLES
Fruit or Vegetable	GRAPES	ORANGE SLICES	PEACHES	MANDARIN ORANGES	*PINEAPPLE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	RANCH DRESSING	ITALIAN DRESSING	CHEESESTICK	MAYO/MUSTARD/BAKED CHIPS	
PM SNACK	ORANGE CREAM SAL				
Component 1	MANDARIN ORANGE	APPLE CINNAMON CEREAL	CHEESE CUBES	*HONEYDEW	STRAWBERRIES/RASBERRIES
Component 2	COTTAGE CHEESE	MILK WHOLE/1%	CHERRY TOMATO	STRING CHEESE	VANILLA YOGURT
Extra	COOL WHIP/ORANGE JELLO MIX SUGAR FREE		RITZ CRACKER WGR		GRAHAM CRACKER CRUMBS

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM



	MON 12/2	TUE 12/3	WED 12/4	THURS 12/5	FRI 12/6
BREAKFAST					
Grain or Meat/Meat Alternate	SCRAMBLED EGG	RICE CRISPY CEREAL	MINI BAGEL	TOAST WW	BREAKFAST PIZZA CN
Fruit/Vegetable	*CANTALOUPE	APPLESAUCE	*BLUEBERRIES	BANANA	ORANGE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	CINNAMON ROLL		CREAM CHEESE	YOGURT	
AM SNACK			FRUIT & YOGURT SMOOTHIE		
Component 1	PEACHES	BANANA LOAF	STRAWBERRY/BANANA	GOLDFISH CRACKERS	MINI PRETZELS
Component 2	STRAW-VANILLA YOGURT	MILK WHOLE/1%	YOGURT	APPLE SLICES	STRING CHEESE
Extra			SALTINE CRACKERS		
LUNCH	MEAT LASAGNA	MACARONI AND CHEESE W/HAM			
Meat/Meat Alternate	GROUND BEEF	HAM/CHEESE	PORK LOIN CHOPS	CHICKEN NUGGETS CN	SALISBURY BEEF PATTY
Grain	LASAGNA NOODLES WGR	ELBOW MACARONI WGR	TORTILLA WGR	BISCUIT WGR	DINNER ROLL WW
Vegetable	PEAS/DICED CARROTS	CORN COB	BROCCOLI	SWEET POTATO WEDGES	MASHED POTATOES
Fruit or Vegetable	FRUIT COCKTAIL	BANANA	PEARS	*WATERMELON	GREEN BEANS
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra				KETCHUP/RANCH	
PM SNACK				ACTIVITY YOGURT PARFAIT	
Component 1	CHOCOLATE CHEX M	GOLDFISH CRAKERS	OYSTER CRACKERS	YOGURT	BAKED APPLES
Component 2	MIX FRUIT CUP	GRAPE PKG	DICED HAM	STRAWBERRIES, APPLE	GRANOLA CRUMBS
Extra			CHEESE CUBES	GRANOLA, GRAHM CRUMBS WGR	

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

Menu for the Week of 12/9/24 to 12/13/24

Week 18

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 12/9	TUE 12/10	WED 12/11	THURS 12/12	FRI 12/13
BREAKFAST	BREAKFAST SLIDER				QUESADILLA
Grain or Meat/Meat Alternate	EGG PATTY, HAM	BOILED EGG	PANCAKE STICK WGR	SCRAMBLED EGG	TORTILLA WGR/CHEESE
Fruit/Vegetable	PINEAPPLE	APPLESAUCE	*WATERMELON	HASHBROWN	*CANTELOPE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	HAWAIIAN ROLL WGR	TOAST WGR		ENGLISH MUFFIN WGR	
AM SNACK				FRUIT SALAD	
Component 1	RITZ CRACKERS	BREAD WW	GOLDFISH CRACKERS	(APPLES, BANANA, GRAPES)	ORANGE WEDGES
Component 2	STRAWBERRY SMOOTHIE	BOLOGNA	MILK WHOLE/1%	ANIMAL CRACKERS	CHEEZ-ITS
Extra		CHEESE			
LUNCH		CHICKEN VEGETABLE SOUP	FRITO PIE		MEATBALL SUB
Meat/Meat Alternate	CHICKEN PARMESAN	DICED CHICKEN	GROUND BEEF	PEPPERONI PIZZA STICK CN	MEATBALLS CN/MOZ CHEESE
Grain	FETTUCINI WGR	RICE	BAKED TORTILLA SCOOPS	(PIZZA CRUST) WGR	1/2 SUB BUN WGR
Vegetable	GREEN BEANS	CARROTS/CORN/GREEN BEANS	CARROT STICKS	SALAD-ROMAINE LETTUCE	MACARONI SALAD
Fruit or Vegetable	ORANGE	PEARS	GRAPES	PEACHES	APPLE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		SALTINE CRACKERS		RANCH	SPAGHETTI SAUCE
PM SNACK					TEDDY BEAR TOAST ACTIVITY
Component 1	GRAPES PKG	YOGURT	BANANA MILKSHAKE	BAKED TOSTITOS SCOOPS	TOAST WW
Component 2	CHEESE CUBES PKG	BLUEBERRIES	ANIMAL CRACKERS	ORANGE JUICE	APPLE BUTTER
Extra					BANANA/BLUEBERRIES

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

Menu for the Week of 12/16/24 to 12/20/24

Week 19

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 12/16	TUE 12/17	WED 12/18	THURS 12/19	FRI 12/20
BREAKFAST	HM BREAKFAST BURRITO				
Grain or Meat/Meat Alternate	EGG, POTATO, CHEESE	FRENCH TOAST STICK WGR	OATMEAL WGR	SCRAMBLED EGGS	BISCUIT WGR
Fruit/Vegetable	ORANGE SLICES	APPLESAUCE	STRAWBERRIES	PEACH SLICES	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	FLOUR TORTILLA				SAUSAGE GRAVY
AM SNACK					
Component 1	CELERY	BANANA LOAF	STRING CHEESE	GRAHAM CRACKERS	EGG SALAD
Component 2	RAISINS	MILK WHOLE/1%	APPLE SLICES	MILK WHOLE/1%	CLUB CRACKERS
Extra	APPLE BUTTER				
LUNCH			HAMBURGER	SUB SANDWICH	
Meat/Meat Alternate	BBQ CHICKEN DICED	CHICKEN TENDERS	HAMBURGER PATTY	HAM, CHEESE	CHICKEN EGGROLLS
Grain	BUN WGR	DINNER ROLL WGR	HAMBURGER BUN WGR	SUB BUN WGR	BROWN RICE
Vegetable	CORN COB	OVEN FRIES	BAKED BEANS, PICKLES	SLICED CUCUMBERS	PEAS & CARROTS
Fruit or Vegetable	*WATERMELON	PEARS	GRAPES	*HONEYDEW	PINEAPPLE CHUNKS
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra			KETCHUP/MUSTARD	MAYO, MUSTARD	SWEET & SOUR SAUCE
PM SNACK					
Component 1	COTTAGE CHEESE	CHEEZ-ITS	ORANGE SLICES	STRAW-YOGURT CHEX MIX	CHEESE CUBES
Component 2	APPLE SLICES	ORANGE JUICE	GOLDFISH CRACKERS	APPLE JUICE	DICED HAM
Extra					SALTINES WGR

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 1/6/25 to 1/10/25

Week 20

	MON 1/6	TUE 1/7	WED 1/8	THURS 1/9	FRI 1/10
BREAKFAST	BREAKFAST SANDWICH				
Grain or Meat/Meat Alternate	ENGLISH MUFFIN WGR/EGG PATTY	BREAKFAST BURRITO	TOAST WGR	CHEERIOS	PANCAKES
Fruit/Vegetable	CANTALOUPE	STRAWBERRIES	ORANGE SLICES	GRAPES	MIXED BERRIES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	CANADIAN BACON		BOILED EGG		SAUSAGE PATTY
AM SNACK		ROLL UP	TOASTED CHEESE SANDWICH		
Component 1	MANDARIN ORANGES	HAM	WHEAT TOAST WGR	SOFT PRETZEL	BUNNY GRAHAMS
Component 2	CLUB CRACKERS	FLOUR TORTILLA WGR	CHEESE	CHEESE DIP	MILK WHOLE/1%
Extra		CHEESE			
LUNCH	SPECIAL TURKEY LUNCH	TACOS	SANDWICH		CHICKEN SANDWICH
Meat/Meat Alternate	TURKEY	GROUND BEEF/CHEESE	TURKEY/CHEESE	DICED HAM	CHICKEN PATTY/ CHEESE
Grain	DINNER ROLL WG	CORN TORTILLAS WGR	BREAD WGR	BISCUIT	HAMBURGER BUN WGR
Vegetable	MASHED POTATOES	CARROT STICKS	CUCUMBERS	ZUCCHINI	BAKED FRIES/ PICKLE SPEARS
Fruit or Vegetable	PEARS	DICED PEACHES	*WATERMELON	APPLE SLICES	FRUIT COCKTAIL
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	GRAVY/GREEN BEANS	SPANISH RICE	BAKED POTATO CHIPS	LIMA BEANS	LETTUCE/TOMATO
PM SNACK					
Component 1	TOAST WW	CHOCOLATE CHEX MIX	STRAWBERRY YOGURT	CELERY STICKS	RITZ CRACKERS
Component 2	MILK WHOLE/1%	GRAPE JUICE	BANANA	APPLE BUTTER	STRING CHEESE
Extra	APPLE BUTTER/JAM			RAISINS	

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

Menu for the Week of 1/13/25 to 1/17/25

Week 21

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 1/13	TUE 1/14	WED 1/15	THURS 1/16	FRI 1/17
BREAKFAST					
Grain or Meat/Meat Alternate	PANCAKE STICK	WHEAT TOAST WGR	CREAM OF WHEAT	WAFFLE WGR	BISCUIT WGR/GRAVY
Fruit/Vegetable	APPLESAUCE	BANANA	GRAPES	PEACHES	STRAWBERRIES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		SCRAMBLED EGG	WHEAT TOAST WGR		SCRAMBLED SAUSAGE
AM SNACK					
Component 1	BAGEL	PEACHES	ANIMAL CRACKERS	MANGOS	KIWI
Component 2	ORANGE SLICES	COTTAGE CHEESE	BLUEBERRIES	MILK WHOLE/1%	RITZ CRACKERS
Extra	CREAM CHEESE				
LUNCH	SLOPPY JOE			TURKEY SANDWICH	TACO BOWL
Meat/Meat Alternate	SLOPPY JOE	SPLIT PEAS W/ HAM	BEEF STEW	TURKEY, CHEESE	GROUND BEEF/CHEESE
Grain	HAMBURGER BUN WGR	*CHEMATH WW	LAZY BREAD	FLAT BREAD	TACO SHELL BOWL
Vegetable	BAKED FRIES	SWEET POTATO FRIES	POTATO/CORN/CARROT/CELERY	CUCUMBERS	LETTUCE/TOMATOES
Fruit or Vegetable	*HONEYDEW	PEARS	FRUIT COCKTAIL	ORANGE	APPLE SLICES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra				LETTUCE, TOMATO	
PM SNACK					SANDWICH
Component 1	PEACH YOGURT	APPLE SLICES	APPLE JUICE	BAKED TOSTITOS SCOOPS	BOLOGNA
Component 2	GRAHAM CRACKERS	MINI PRETZES	CHEEZ-ITS	NACHO CHEESE DIP	WGR BREAD
Extra					

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



Menu for the Week of 1/20/25 to 1/24/25

Week 22

	MON 1/20	TUE 1/21	WED 1/22	THURS 1/23	FRI 1/24
BREAKFAST	BREAKFAST SANDWICH		HM BREAKFAST BURRITO		
Grain or Meat/Meat Alternate	ENGLISH MUFFIN/SAUSAGE PATTY	WHEAT TOAST WGR	TORTILLA, EGGS, CHEESE	FROSTED MINI WHEATS	CHICKEN TENDERS/WAFFLES
Fruit/Vegetable	APPLE SLICES	GRAPEFRUIT/AVOCADO	*WATERMELON	BANANA	STRAWBERRIES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	EGG PATTY/CHEESE		POTATO, CANADIAN BACON	TOAST WGR	MAPLE SYRUP
AM SNACK	BANANA WRAP	LETTUCE WRAP			
Component 1	FLOUR TORTILLA	ROMAINE LEAF LETTUCE	PANCAKE STICK	APPLE CHURRO	COTTAGE CHEESE
Component 2	BANANA	HAM	APPLESAUCE	STRWB-BAN YOGURT	DICED PEARS
Extra	NUTELLA	CHEESE			
LUNCH	FRENCH BREAD PIZZ	MEAT SAUCE	CHILI BEANS	SUB SANDWICH	BEEF STIRFRY
Meat/Meat Alternate	PEPPERONI	HAMBURGER W/SPAGHETTI SAUCE	HAMBURGER/BEANS	SLICED HAM & TURKEY	BEEF CUBES
Grain	FRENCH BREAD WGR	GARLIC BREAD WGR	BREAD HM	SUB BUN WGR	BROWN RICE WGR
Vegetable	CARROTS/CELERY	FRESH SALAD	KERNEL CORN	LETTUCE/TOMATO/SLICED PICKLE	BROCCOLI/ STIR FRY VEGETABLES
Fruit or Vegetable	GRAPES	ORANGE SLICES	PEACHES	MANDARIN ORANGES	*PINEAPPLE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	RANCH DRESSING	ITALIAN DRESSING	CHEESESTICK	MAYO/MUSTARD/BAKED CHIPS	
PM SNACK	ORANGE CREAM SAL				
Component 1	MANDARIN ORANGE	APPLE CINNAMON MUFFIN	CHEESE CUBES	*HONEYDEW	STRAWBERRIES/RASBERRIES
Component 2	COTTAGE CHEESE	MILK WHOLE/1%	CHERRY TOMATO	STRING CHEESE	WAFFLE CONE
Extra	COOL WHIP/ORANGE JELLO MIX SUGAR FREE		RITZ CRACKER WGR		VANILLA ICE CREAM NO SUGAR ADDED

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM



	MON 1/27	TUE 1/28	WED 1/29	THURS 1/30	FRI 1/31
BREAKFAST					
Grain or Meat/Meat Alternate	SCRAMBLED EGG	RICE CRISPY CEREAL	MINI BAGEL	TOAST WW	BREAKFAST PIZZA CN
Fruit/Vegetable	*CANTALOUPE	APPLESAUCE	*BLUEBERRIES	BANANA	ORANGE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	CINNAMON ROLL		CREAM CHEESE	YOGURT	
AM SNACK					
Component 1	PEACHES	BANANA BREAD	FRUIT & YOGURT SMOOTHIE	GOLDFISH CRACKERS	MINI PRETZELS
Component 2	STRAW-VANILLA YOGURT	MILK WHOLE/1%	SALTINE CRACKERS	APPLE SLICES	STRING CHEESE
Extra					
LUNCH	MEAT LASAGNA	MACARONI AND CHEESE W/HAM			
Meat/Meat Alternate	GROUND BEEF	HAM/CHEESE	PORK LOIN CHOPS	CHICKEN NUGGETS CN	SALISBURY BEEF PATTY
Grain	LASAGNA NOODLES WGR	ELBOW MACARONI WGR	TORTILLA WGR	BISCUIT WGR	DINNER ROLL WW
Vegetable	PEAS/DICED CARROTS	CORN COB	BROCCOLI	SWEET POTATO WEDGES	MASHED POTATOES
Fruit or Vegetable	FRUIT COCKTAIL	BANANA	PEARS	*WATERMELON	GREEN BEANS
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra				KETCHUP/RANCH	
PM SNACK				ACTIVITY YOGURT PARFAIT	
Component 1	CHOCOLATE CHEX M	GOLDFISH CRAKERS	OYSTER CRACKERS	YOGURT	BAKED APPLES
Component 2	MIX FRUIT CUP	GRAPE PKG	APPLE SLICES	STRAWBERRIES, APPLE	GRANOLA
Extra				GRANOLA, GRAHM CRUMBS WGR	

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: GRIC HEAD START/CHILD CARE

Menu for the Week of 2/3/25 to 2/7/25

Week 24

We proudly participate in the Child and Adult Care Food Program! For information about the CACFP, please ask our staff.



	MON 2/3	TUE 2/4	WED 2/5	THURS 2/6	FRI 2/7
BREAKFAST	BREAKFAST SLIDER				QUESADILLA
Grain or Meat/Meat Alternate	EGG PATTY, HAM	BOILED EGG	PANCAKE STICK WGR	SCRAMBLED EGG	TORTILLA WGR/CHEESE
Fruit/Vegetable	PINEAPPLE	APPLESAUCE	*WATERMELON	HASHBROWN	*CANTELOPE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	HAWAIIAN ROLL WGR	TOAST WGR		ENGLISH MUFFIN WGR	
AM SNACK					
Component 1	RITZ CRACKERS	BREAD WW	GOLDFISH CRACKERS	FRUIT SALAD	ORANGE WEDGES
Component 2	STRAWBERRY SMOOTHIE	BOLOGNA	MILK WHOLE/1%	ANIMAL CRACKERS	CHEEZ-ITS
Extra		CHEESE			
LUNCH		CHICKEN VEGETABLE SOUP	FRITO PIE		MEATBALL SUB
Meat/Meat Alternate	CHICKEN PARMESAN	DICED CHICKEN	GROUND BEEF	PEPPERONI PIZZA STICK CN	MEATBALLS CN/MOZ CHEESE
Grain	FETTUCINI WGR	RICE	BAKED TORTILLA SCOOPS	(PIZZA CRUST) WGR	1/2 SUB BUN WGR
Vegetable	GREEN BEANS	CARROTS/CORN/GREEN BEANS	CARROT STICKS	SALAD-ROMAINE LETTUCE	MACARONI SALAD
Fruit or Vegetable	ORANGE	PEARS	GRAPES	PEACHES	APPLE
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		SALTINE CRACKERS		RANCH	SPAGHETTI SAUCE
PM SNACK					TEDDY BEAR TOAST ACTIVITY
Component 1	GRAPES PKG	YOGURT	BANANA MILKSHAKE	BAKED TOSTITOS SCOOPS	TOAST WW
Component 2	CHEESE CUBES PKG	BLUEBERRIES	ANIMAL CRACKERS	ORANGE JUICE	APPLE BUTTER
Extra					BANANA/BLUEBERRIES

Acronyms

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL - PEARS, PEACHES,

Required Statements

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 2/10/25 to 2/14/25 Week 25

Care Food Program! For information about the CACFP, please ask our staff.



	MON 2/10	TUES 2/11	WED 2/12	THURS 2/13	FRI 2/14
BREAKFAST		BREAKFAST SLIDER		HM BREAKFAST BURRITO	MOCK GRIDDLE
Grain or Meat/Meat Alternate	BISCUIT WGR W/GRAVY	SC EGG, HAM	RICE KRISPIES WGR	EGG,POTATO,CHEESE	PANCAKES, EGG PATTY
Fruit/Vegetable	ORANGE	PINEAPPLE	GRAPEFRUIT WEDGE	GRAPES	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	SAUSAGE PATTY	HAWAIIAN ROLL WGR	WHEAT TOAST	FLOUR TORTILLA WGR	
AM SNACK					
Component 1	TOASTED BAGEL WGR	BANANA BREAD WGR	CARROT/BROOCOLI STICK	WAFFLE WGR	CHEERIOS
Component 2	MANDARIN ORANGE CUP	FRESH PEAR	HUMMUS	APPLESAUCE CUP	RASPBERRIES
Extra	CREAM CHEESE PC				
LUNCH		BEEF FRIED RICE			GOULASH
Meat/Meat Alternate	SALISBURY STEAK	BEEF STEW MEAT	CHICKEN PATTY	PORK RIBLET/BBQ SAUCE	GROUND BEEF
Grain	DINNER ROLL WGR	BROWN RICE	HAMBURGER BUN WGR	SLIDER BUN WGR	ELBOW MACARONI PASTA WGR
Vegetable	MASHED POTATO	(ASIAN BLEND VEGETABLE)	SMILES FRIES	CORN COB	CORN, GREEN BEAN
Fruit or Vegetable	PEACHES	*CANTALOPE	APPLE	*WATERMELON	PINEAPPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra			RANCH/KETCHUP		GARLIC TOAST WGR
PM SNACK					
Component 1	TOAST WW	MOZZARELLA STICK	CORNBREAD MUFFIN WGR	BOILED EGG	SALTINE CRACKER WGR
Component 2	MILK WHOLE/1%	TOMATO SLICES	*STRAWBERRIES	CIN RAISIN TOAST WGR	FRESH PEAR
Extra	APPLE BUTTER/JAM				100% APPLE JUICE

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 2/17/25 to 2/21/25 Week 26

Care Food Program! For information about the CACFP, please ask our staff.



	MON 2/17	TUES 2/18	WED 2/19	THURS 2/20	FRI 2/21
BREAKFAST		STUFFED CROISSANTS		CHEESE CRISP	
Grain or Meat/Meat Alternate	FROSTED MINI WHEATS WGR	CHEESE, HAM	CREAM OF WHEAT WGR	SC EGG, GR CHILI, CHEESE	FRENCH TOAST WGR
Fruit/Vegetable	ORANGE	PINEAPPLE	*HONEYDEW	APPLE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra		CROISSANTS BUN WGR	SAUSAGE PATTY	FLOUR TORTILLA WGR	CANADIAN BACON
AM SNACK	AVOCADO TOAST				ANT LOG
Component 1	AVOCADO	CLUB CRAKERS WGR	SMOOTHIE	BANANA LOAF	CELERY
Component 2	TOAST WW	*CANTALOEPE	GRAM CRACKERS WGR	MILK WHOLE/1%	APPLE BUTTER
Extra		BOIL EGG			RAISINS,STRAWBERRIES
LUNCH	CHEESEBURGER	TERRIYAKI RICE BOWL	MEAT EATER PIZZA	HAM POTATO SOUP	TACO SALAD
Meat/Meat Alternate	BEEF PATTY,CHEESE	DICED CHIKEN	CHEESE, TURKEY PEPPERONI/SAUSAGE	DICED HAM, CHEESE	GROUND BEEF/BEANS
Grain	HAMBURGER BUN WGR	BROWN RICE	PIZZA CRUST EGR	SALTINE CRACKERS WGR	TORTILLA CHIPS WGR
Vegetable	OVEN FRIES,LET, PICKLE	GREEN PEPPER, CORN, BROCOLLI	GREEN BEANS	CARROTS, POTATOES	LETTUCE, TOMATO
Fruit or Vegetable	GRAPES	MANDARIN ORANGES	PEACHES	PEARS	APPLES
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	MUSTARD/KETCHUP	TERRIYAKI SAUCE			SALSA
PM SNACK	COWBOY CAVIAR		PROTEIN CUP	ORANGESICLE SALAD	YOGURT PARFAIT
Component 1	PITA CHIPS WGR	STRAWBERRY BANANA YOGURT	CHERRY TOMATO/HAM	COTTAGE CHEESE	ASSORTED YOGURT
Component 2	BLACK BEANS, CORN	GOLDFISH CRACKERS	CHEESE CUBES	MANDARIN ORANGE, TOPPING	BERRIES, GRANOLA WGR
Extra	PICO		CRACKERS CLUB WGR		

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 2/24/25 to 2/28/25 Week 27

Care Food Program! For information about the CACFP, please ask our staff.



	MON 2/24	TUES 2/25	WED 2/26	THURS 2/27	FRI 2/28
BREAKFAST		SANDWICH			
Grain or Meat/Meat Alternate	OATMEAL WGR	ENGLISH MUFFIN WGR	SC EGG, FLOUR TORTILLA WGR	BISCUIT WGR	CHEERIOS CEREAL WGR
Fruit/Vegetable	ORANGE	HASHBROWN	APPLESAUCE	ORANGE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	TOAST WW	EGG PATTY		SAUSAGE GRAVY	
AM SNACK					
Component 1	GRAHAM CRACKER WGR	CHEESE STICK	**FRUIT COCKTAIL	BREAD WW	CUCUMBER SLICES
Component 2	100% ORANGE JUICE	*CANTALOUPE	ANIMAL CRACKERS WGR	CHEESE SLICE	SOFT PRETZEL WGR
Extra					
LUNCH	BEEF STEW		TACO SOUP	PIZZA	CHICKEN FAJITAS
Meat/Meat Alternate	BEEF STEW MEAT	CHILLED CHICKEN BREAST	GROUND BEEF, CHEESE	CHEESE, PEPPERONI	DICED CHICKEN, CHEESE
Grain	OYSTER CRACKERS WGR	BROWN RICE	TORTILLA STRIPS WGR	(PIZZA CRUST) WGR	FLOUR TORTILLA WGR
Vegetable	CORN, CARROT, GREEN BEAN	BROCCOLI	BLACK BEANS, CORN, TOMATO	CARROTS	BELL PEPPER, ONION, TOMATO
Fruit or Vegetable	PEACHES	PEARS	PINEAPPLE	GRAPES	APPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra					SALSA
PM SNACK					LADY BUG ACTIVITY
Component 1	PEACH YOGURT	GRAPES	MINI BAGEL WGR	ANIMAL CRACKERS	ENGLISH MUFFIN WGR
Component 2	*WATERMELON	CELERY STICK	WHOLE/ 1%	BANANA	RAISINS
Extra		100% ORANGE JUICE	CREAM CHEESE		STRAWBERRY JAM

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 3/3/25 to 3/7/25 Week 28

Care Food Program! For information about the CACFP, please ask our staff.



	MON 3/3	TUES 3/4	WED 3/5	THURS 3/6	FRI 3/7
BREAKFAST		PAN OMLET			
Grain or Meat/Meat Alternate	WAFFLES WGR	EGG, CHEESE	OATMEAL WGR	BISCUIT WGR CANADIAN BACON	KIX CEREAL WGR
Fruit/Vegetable	APPLE	GRAPES	DICED PEACHES	ORANGE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	SAUSAGE		WHEAT TOAST	EGG PATTY	ENGLISH MUFFIN WGR
AM SNACK		CHEESE CRISP			
Component 1	TEDDY GRAHAMS WGR	FLOUR TORTILLA WGR	BANANA SHAKE	TOASTED ENGLISH MUFFIN WGR	CHICKEN NOODLE SOUP
Component 2	APPLESAUCE	CHEESE	STRAWBERRY CHEX MIX	PEARS	SALTINES WGR
Extra					
LUNCH	POZOLE		TOSTADA	BBQ CHICKEN SANDWICH	EGGROLL
Meat/Meat Alternate	DICED CHICKEN	BAKED CHICKEN	CHEESE, REFRIED BEANS	DICED CHICKEN	CHICKEN EGGROLL
Grain	FLOUR TORTILLA WGR	DINNER ROLL	TOSTADA SHELL WGR	SLIDER BUN WGR	BROWN RICE
Vegetable	HOMINY	MASHED POTATO	ROMAIN LETTUCE, TOMATOES	POTATO SALAD	BROCCOLI
Fruit or Vegetable	PEACHES	**FRUIT COCKTAIL	PINEAPPLE	GRAPES	APPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra					SWEET & SOUR SAUCE
PM SNACK					
Component 1	CHOCOLATE CHEX MIX WGR	CHEEZ-ITS WGR	TOAST WW	TORTILLA CHIPS	PRETZELS WGR
Component 2	100% APPLE JUICE	BANANA	MILK WHOLE/1%	CHERRY TOMATOES	CHEESE SAUCE
Extra			APPLE BUTTER/JAM	100% GRAPE JUICE	

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 3/10/25 to 3/14/25 Week 29

Care Food Program! For information about the CACFP, please ask our staff.



	MON 3/10	TUES 3/11	WED 3/12	THURS 3/13	FRI 3/14
BREAKFAST			HM BREAKFAST BURRITO		
Grain or Meat/Meat Alternate	TOAST WGR	PANCAKE STICK WGR	EGG, POTATO, CHEESE	BAGEL/CREAM CHEESE	FRENCH TOAST
Fruit/Vegetable	PINEAPPLES	APPLESAUCE	ORANGES	*CANTALOUPE	BERRY MIX
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	HAM			BOILED EGG	SAUSAGE LINK
AM SNACK		SANDWICH			FRUIT SALAD
Component 1	CHEEZ-ITZ	BALOGNA	TOAST	STRAWBERRY YOGURT	CLUB CRACKERS
Component 2	100% APPLE JUICE	BREAD WGR	BANANA	CHERRIOS WGR DRY	**FRUIT COCKTAIL
Extra		CHEESE	NUTELLA		
LUNCH	SPAGHETTI	GRILLED CHEESE SANDWICH	CHIMICHANGAS	SUB SANDWICH	MEATLOAF
Meat/Meat Alternate	GROUND BEEF, SAUCE	CHEESE/HAM	CHICKEN/CHEESE	TURKEY/CHEESE	GROUND BEEF
Grain	SPAGHETTI PASTA WGR	BREAD WGR	FLOUR TORTILLA WGR	SUB BUN WGR	DINNER ROLL
Vegetable	GREEN BEANS	TOMATO SOUP	BLACK BEAN & CORN	CUCUMBERS	PEAS/CARROT BLEND
Fruit or Vegetable	FRUIT COCKTAIL	APPLES	GRAPES	*MELON	PEARS
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	GARLIC TOAST, RANCH		SALSA	MAYONOISE, BAKED CHIPS	MASHED POTATOES
PM SNACK		HONEY BERRY YOGURT			PANCAKE JELLY SANDWICH
Component 1	CELERY STICKS	VANILLA YOGURT	BANANA BREAD	CHEESE CUBES	PANCAKE
Component 2	CARROT STICKS	*ASSORTED BERRIES	MILK WHOLE/ 1%	HAM	MILK WHOLE/1%
Extra	RANCH	GRAHAM CRACKER CRUMBS, GRANOLA		RITZ CRACKERS	STRAWBERRY JAM

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 3/17/25 to 3/21/25 Week 30

Care Food Program! For information about the CACFP, please ask our staff.



	MON 3/17	TUES 3/18	WED 3/19	THURS 3/20	FRI 3/21
BREAKFAST					GRILLED CHEESE & EGG SANDWICH
Grain or Meat/Meat Alternate	SAUSAGE PATTY/WAFFLE	DICED HAM/SHREDDED HASHBROWN	TOAST WW/BOILED EGG	OATMEAL/MUFFIN	SCRAMBLED EGG/CHEESE
Fruit/Vegetable	MIXED BERRIES	CHEESE/MANDARIN ORANGES	AVOCADO	STRAWBERRY	APPLE SLICES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	MAPLE SYRUP (No Sugar Added)	SALSA	GRAPEFRUIT		TOAST WW
AM SNACK					
Component 1	YOGURT	FRUIT COCKTAIL SALAD	EGG SALAD	MINI BAGEL	SAUSAGE PANCAKE STICK
Component 2	BLUEBERRIES/BANANA	MILK WHOLE/1%	BREAD WW	ORANGE SLICES	APPLESAUCE
Extra	GRAHAM CRACKER			CREAM CHEESE	
LUNCH	CHILI BEANS	NACHOS		TURKEY SLIDERS	
Meat/Meat Alternate	GROUND BEEF/BEEF CHORRIZO	GROUND BEEF/NACHO CHEESE	PORK CHOP	SLICED TURKEY BREAST/CHEESE	CHICKEN NUGGETS
Grain	CORN BREAD	BAKED TOSTITOS SCOOPS	SPANISH RICE	HAWAIIAN ROLL	MACARONI & CHEESE
Vegetable	PINTO BEANS/CORN	CHEESE, LETTUCE, TOMATO	SALAD MIX	CARROT/CELERY STICKS	CORN
Fruit or Vegetable	PEACHES	*CANTALOUPE	PINEAPPLE	GRAPES	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		SOUR CREAM, SALSA	SALAD DRESSING	RANCH	KETCHUP
PM SNACK			PANCAKE DECORATION ACTIVITY		
Component 1	GRAPE PKG	STRAWBERRY JAM & APPLE BUTTER	PANCAKE WG	MIXED FRUIT CUP	WAFFLE BOWL
Component 2	CHEESE CUBE PKG	SANDWICH BREAD WW	STRAWBERRIES/BLUEBERRIES	ANIMAL CRACKERS	STRAWBERRIES/RASPBERRIES
Extra	RITZ CRACKERS	MILK WHOLE/1%	MILK WHOLE/1%		WHIP TOPPING

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 3/24/25 to 3/28/25 Week 31

Care Food Program! For information about the CACFP, please ask our staff.



	MON 3/24	TUES 3/25	WED 3/26	THURS 3/27	FRI 3/28
BREAKFAST		BREAKFAST SLIDER		HM BREAKFAST BURRITO	MOCK GRIDDLE
Grain or Meat/Meat Alternate	BISCUIT WGR W/GRAVY	SC EGG, HAM	RICE KRISPIES WGR	EGG,POTATO,CHEESE	PANCAKES, EGG PATTY
Fruit/Vegetable	ORANGE	PINEAPPLE	GRAPEFRUIT WEDGE	GRAPES	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	SAUSAGE PATTY	HAWAIIAN ROLL WGR	WHEAT TOAST	FLOUR TORTILLA WGR	
AM SNACK					
Component 1	TOASTED BAGEL WGR	BANANA BREAD WGR	CARROT/BROOCOLI STICK	WAFFLE WGR	CHEERIOS
Component 2	MANDARIN ORANGE CUP	FRESH PEAR	HUMMUS	APPLESAUCE CUP	RASPBERRIES
Extra	CREAM CHEESE PC				
LUNCH		BEEF FRIED RICE			GOULASH
Meat/Meat Alternate	SALISBURY STEAK	BEEF STEW MEAT	CHICKEN PATTY	PORK RIBLET/BBQ SAUCE	GROUND BEEF
Grain	DINNER ROLL WGR	BROWN RICE	HAMBURGER BUN WGR	SLIDER BUN WGR	ELBOW MACARONI PASTA WGR
Vegetable	MASHED POTATO	(ASIAN BLEND VEGETABLE)	SMILES FRIES	CORN COB	CORN, GREEN BEAN
Fruit or Vegetable	PEACHES	*CANTALOPE	APPLE	*WATERMELON	PINEAPPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra			RANCH/KETCHUP		GARLIC TOAST WGR
PM SNACK					
Component 1	TOAST WW	MOZZARELLA STICK	CORNBREAD MUFFIN WGR	BOILED EGG	SALTINE CRACKER WGR
Component 2	MILK WHOLE/1%	TOMATO SLICES	*STRAWBERRIES	CIN RAISIN TOAST WGR	FRESH PEAR
Extra	APPLE BUTTER/JAM				100% APPLE JUICE

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 3/31/25 to 4/4/25 Week 32

Care Food Program! For information about the CACFP, please ask our staff.



	MON 3/31	TUES 4/1	WED 4/2	THURS 4/3	FRI 4/4
BREAKFAST		STUFFED CROISSANTS		CHEESE CRISP	
Grain or Meat/Meat Alternate	FROSTED MINI WHEATS WGR	CHEESE, HAM	CREAM OF WHEAT WGR	SC EGG, GR CHILI, CHEESE	FRENCH TOAST WGR
Fruit/Vegetable	ORANGE	PINEAPPLE	*HONEYDEW	APPLE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra		CROISSANTS BUN WGR	SAUSAGE PATTY	FLOUR TORTILLA WGR	CANADIAN BACON
AM SNACK	AVOCADO TOAST				ANT LOG
Component 1	AVOCADO	CLUB CRAKERS WGR	SMOOTHIE	BANANA LOAF	CELERY
Component 2	TOAST WW	*CANTALOEPE	GRAM CRACKERS WGR	MILK WHOLE/1%	APPLE BUTTER
Extra		BOIL EGG			RAISINS,STRAWBERRIES
LUNCH	CHEESEBURGER	TERRIYAKI RICE BOWL	MEAT EATER PIZZA	HAM POTATO SOUP	TACO SALAD
Meat/Meat Alternate	BEEF PATTY,CHEESE	DICED CHIKEN	CHEESE, TURKEY PEPERONI/SAUSAGE	DICED HAM, CHEESE	GROUND BEEF/BEANS
Grain	HAMBURGER BUN WGR	BROWN RICE	PIZZA CRUST EGR	SALTINE CRACKERS WGR	TORTILLA CHIPS WGR
Vegetable	OVEN FRIES,LET, PICKLE	GREEN PEPPER, CORN, BROCOLLI	GREEN BEANS	CARROTS, POTATOES	LETTUCE, TOMATO
Fruit or Vegetable	GRAPES	MANDARIN ORANGES	PEACHES	PEARS	APPLES
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	MUSTARD/KETCHUP	TERRIYAKI SAUCE			SALSA
PM SNACK	COWBOY CAVIAR		PROTEIN CUP	ORANGESICLE SALAD	YOGURT PARFAIT
Component 1	PITA CHIPS WGR	STRAWBERRY BANANA YOGURT	CHERRY TOMATO/HAM	COTTAGE CHEESE	ASSORTED YOGURT
Component 2	BLACK BEANS, CORN	GOLDFISH CRACKERS	CHEESE CUBES	MANDARIN ORANGE, TOPPING	BERRIES, GRANOLA WGR
Extra	PICO		CRACKERS CLUB WGR		

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 4/7/25 to 4/11/25 Week 33

Care Food Program! For information about the CACFP, please ask our staff.



	MON 4/7	TUES 4/8	WED 4/9	THURS 4/10	FRI 4/11
BREAKFAST		SANDWICH			
Grain or Meat/Meat Alternate	OATMEAL WGR	ENGLISH MUFFIN WGR	SC EGG, FLOUR TORTILLA WGR	BISCUIT WGR	CHEERIOS CEREAL WGR
Fruit/Vegetable	ORANGE	HASHBROWN	APPLESAUCE	ORANGE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	TOAST WW	EGG PATTY		SAUSAGE GRAVY	
AM SNACK					
Component 1	GRAHAM CRACKER WGR	CHEESE STICK	**FRUIT COCKTAIL	BREAD WW	CUCUMBER SLICES
Component 2	100% ORANGE JUICE	*CANTALOUPE	ANIMAL CRACKERS WGR	CHEESE SLICE	SOFT PRETZEL WGR
Extra					
LUNCH	BEEF STEW		TACO SOUP	PIZZA	CHICKEN FAJITAS
Meat/Meat Alternate	BEEF STEW MEAT	CHILLED CHICKEN BREAST	GROUND BEEF, CHEESE	CHEESE, PEPPERONI	DICED CHICKEN, CHEESE
Grain	OYSTER CRACKERS WGR	BROWN RICE	TORTILLA STRIPS WGR	(PIZZA CRUST) WGR	FLOUR TORTILLA WGR
Vegetable	CORN, CARROT, GREEN BEAN	BROCCOLI	BLACK BEANS, CORN, TOMATO	CARROTS	BELL PEPPER, ONION, TOMATO
Fruit or Vegetable	PEACHES	PEARS	PINEAPPLE	GRAPES	APPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra					SALSA
PM SNACK					LADY BUG ACTIVITY
Component 1	PEACH YOGURT	GRAPES	MINI BAGEL WGR	ANIMAL CRACKERS	ENGLISH MUFFIN WGR
Component 2	*WATERMELON	CELERY STICK	WHOLE/ 1%	BANANA	RAISINS
Extra		100% ORANGE JUICE	CREAM CHEESE		STRAWBERRY JAM

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 4/14/25 to 4/18/25 Week 34

Care Food Program! For information about the CACFP, please ask our staff.



	MON 4/14	TUES 4/15	WED 4/16	THURS 4/17	FRI 4/18
BREAKFAST		PAN OMLET			
Grain or Meat/Meat Alternate	WAFFLES WGR	EGG, CHEESE	OATMEAL WGR	BISCUIT WGR CANADIAN BACON	KIX CEREAL WGR
Fruit/Vegetable	APPLE	GRAPES	DICED PEACHES	ORANGE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	SAUSAGE		WHEAT TOAST	EGG PATTY	ENGLISH MUFFIN WGR
AM SNACK		CHEESE CRISP			
Component 1	TEDDY GRAHAMS WGR	FLOUR TORTILLA WGR	BANANA SHAKE	TOASTED ENGLISH MUFFIN WGR	CHICKEN NOODLE SOUP
Component 2	APPLESAUCE	CHEESE	STRAWBERRY CHEX MIX	PEARS	SALTINES WGR
Extra					
LUNCH	POZOLE		TOSTADA	BBQ CHICKEN SANDWICH	EGGROLL
Meat/Meat Alternate	DICED CHICKEN	BAKED CHICKEN	CHEESE, REFRIED BEANS	DICED CHICKEN	CHICKEN EGGROLL
Grain	FLOUR TORTILLA WGR	DINNER ROLL	TOSTADA SHELL WGR	SLIDER BUN WGR	BROWN RICE
Vegetable	HOMINY	MASHED POTATO	ROMAIN LETTUCE, TOMATOES	POTATO SALAD	BROCCOLI
Fruit or Vegetable	PEACHES	**FRUIT COCKTAIL	PINEAPPLE	GRAPES	APPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra					
PM SNACK					
Component 1	CHOCOLATE CHEX MIX WGR	CHEEZ-ITS WGR	TOAST WW	TORTILLA CHIPS	PRETZELS WGR
Component 2	100% APPLE JUICE	BANANA	MILK WHOLE/1%	CHERRY TOMATOES	CHEESE SAUCE
Extra			APPLE BUTTER/JAM	100% GRAPE JUICE	

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 4/21/25 to 4/25/25 Week 35

Care Food Program! For information about the CACFP, please ask our staff.



	MON 4/21	TUES 4/22	WED 4/23	THURS 4/24	FRI 4/25
BREAKFAST			HM BREAKFAST BURRITO		
Grain or Meat/Meat Alternate	TOAST WGR	PANCAKE STICK WGR	EGG, POTATO, CHEESE	BAGEL/CREAM CHEESE	FRENCH TOAST
Fruit/Vegetable	PINEAPPLES	APPLESAUCE	ORANGES	*CANTALOUPE	BERRY MIX
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	HAM			BOILED EGG	SAUSAGE LINK
AM SNACK		SANDWICH			FRUIT SALAD
Component 1	CHEEZ-ITZ	BALOGNA	TOAST	STRAWBERRY YOGURT	CLUB CRACKERS
Component 2	100% APPLE JUICE	BREAD WGR	BANANA	CHERRIOS WGR DRY	**FRUIT COCKTAIL
Extra		CHEESE	NUTELLA		
LUNCH	SPAGHETTI	GRILLED CHEESE SANDWICH	CHIMICHANGAS	SUB SANDWICH	MEATLOAF
Meat/Meat Alternate	GROUND BEEF, SAUCE	CHEESE/HAM	CHICKEN/CHEESE	TURKEY/CHEESE	GROUND BEEF
Grain	SPAGHETTI PASTA WGR	BREAD WGR	FLOUR TORTILLA WGR	SUB BUN WGR	DINNER ROLL
Vegetable	GREEN BEANS	TOMATO SOUP	BLACK BEAN & CORN	CUCUMBERS	PEAS/CARROT BLEND
Fruit or Vegetable	FRUIT COCKTAIL	APPLES	GRAPES	*MELON	PEARS
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	GARLIC TOAST, RANCH		SALSA	MAYONOISE, BAKED CHIPS	MASHED POTATOES
PM SNACK		HONEY BERRY YOGURT			PANCAKE JELLY SANDWICH
Component 1	CELERY STICKS	VANILLA YOGURT	BANANA BREAD	CHEESE CUBES	PANCAKE
Component 2	CARROT STICKS	*ASSORTED BERRIES	MILK WHOLE/ 1%	HAM	MILK WHOLE/1%
Extra	RANCH	GRAHAM CRACKER CRUMBS, GRANOLA		RITZ CRACKERS	STRAWBERRY JAM

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 4/28/25 to 5/2/25

Week 36

Care Food Program! For information about the CACFP, please ask our staff.



	MON 4/28	TUES 4/29	WED 4/30	THURS 5/1	FRI 5/2
BREAKFAST					GRILLED CHEESE & EGG SANDWICH
Grain or Meat/Meat Alternate	SAUSAGE PATTY/WAFFLE	DICED HAM/SHREDDED HASHBROWN	TOAST WW/BOILED EGG	OATMEAL/MUFFIN	SCRAMBLED EGG/CHEESE
Fruit/Vegetable	MIXED BERRIES	CHEESE/MANDARIN ORANGES	AVOCADO	STRAWBERRY	APPLE SLICES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	MAPLE SYRUP (No Sugar Added)	SALSA	GRAPEFRUIT		TOAST WW
AM SNACK					
Component 1	YOGURT	FRUIT COCKTAIL SALAD	EGG SALAD	MINI BAGEL	SAUSAGE PANCAKE STICK
Component 2	BLUEBERRIES/BANANA	MILK WHOLE/1%	BREAD WW	ORANGE SLICES	APPLESAUCE
Extra	GRAHAM CRACKER			CREAM CHEESE	
LUNCH	CHILI BEANS	NACHOS		TURKEY SLIDERS	
Meat/Meat Alternate	GROUND BEEF/BEEF CHORRIZO	GROUND BEEF/NACHO CHEESE	PORK CHOP	SLICED TURKEY BREAST/CHEESE	CHICKEN NUGGETS
Grain	CORN BREAD	BAKED TOSTITOS SCOOPS	SPANISH RICE	HAWAIIAN ROLL	MACARONI & CHEESE
Vegetable	PINTO BEANS/CORN	CHEESE, LETTUCE, TOMATO	SALAD MIX	CARROT/CELERY STICKS	CORN
Fruit or Vegetable	PEACHES	*CANTALOUPE	PINEAPPLE	GRAPES	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		SOUR CREAM, SALSA	SALAD DRESSING	RANCH	KETCHUP
PM SNACK			PANCAKE DECORATION ACTIVITY		
Component 1	GRAPE PKG	STRAWBERRY JAM & APPLE BUTTER	PANCAKE WG	MIXED FRUIT CUP	WAFFLE BOWL
Component 2	CHEESE CUBE PKG	SANDWICH BREAD WW	STRAWBERRIES/BLUEBERRIES	ANIMAL CRACKERS	STRAWBERRIES/RASPBERRIES
Extra	RITZ CRACKERS	MILK WHOLE/1%	MILK WHOLE/1%		WHIP TOPPING

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 5/5/25 to 5/9/25 Week 37

Care Food Program! For information about the CACFP, please ask our staff.



	MON 5/5	TUES 5/6	WED 5/7	THURS 5/8	FRI 5/9
BREAKFAST		BREAKFAST SLIDER		HM BREAKFAST BURRITO	MOCK GRIDDLE
Grain or Meat/Meat Alternate	BISCUIT WGR W/GRAVY	SC EGG, HAM	RICE KRISPIES WGR	EGG,POTATO,CHEESE	PANCAKES, EGG PATTY
Fruit/Vegetable	ORANGE	PINEAPPLE	GRAPEFRUIT WEDGE	GRAPES	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	SAUSAGE PATTY	HAWAIIAN ROLL WGR	WHEAT TOAST	FLOUR TORTILLA WGR	
AM SNACK					
Component 1	TOASTED BAGEL WGR	BANANA BREAD WGR	CARROT/BROOCOLI STICK	WAFFLE WGR	CHEERIOS
Component 2	MANDARIN ORANGE CUP	FRESH PEAR	HUMMUS	APPLESAUCE CUP	RASPBERRIES
Extra	CREAM CHEESE PC				
LUNCH		BEEF FRIED RICE			GOULASH
Meat/Meat Alternate	SALISBURY STEAK	BEEF STEW MEAT	CHICKEN PATTY	PORK RIBLET/BBQ SAUCE	GROUND BEEF
Grain	DINNER ROLL WGR	BROWN RICE	HAMBURGER BUN WGR	SLIDER BUN WGR	ELBOW MACARONI PASTA WGR
Vegetable	MASHED POTATO	(ASIAN BLEND VEGETABLE)	SMILES FRIES	CORN COB	CORN, GREEN BEAN
Fruit or Vegetable	PEACHES	*CANTALOPE	APPLE	*WATERMELON	PINEAPPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra			RANCH/KETCHUP		GARLIC TOAST WGR
PM SNACK					
Component 1	TOAST WW	MOZZARELLA STICK	CORNBREAD MUFFIN WGR	BOILED EGG	SALTINE CRACKER WGR
Component 2	MILK WHOLE/1%	TOMATO SLICES	*STRAWBERRIES	CIN RAISIN TOAST WGR	FRESH PEAR
Extra	APPLE BUTTER/JAM				100% APPLE JUICE

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 5/12/25 to 5/16/25 Week 38

Care Food Program! For information about the CACFP, please ask our staff.



	MON 5/12	TUES 5/13	WED 5/14	THURS 5/15	FRI 5/16
BREAKFAST		STUFFED CROISSANTS		CHEESE CRISP	
Grain or Meat/Meat Alternate	FROSTED MINI WHEATS WGR	CHEESE, HAM	CREAM OF WHEAT WGR	SC EGG, GR CHILI, CHEESE	FRENCH TOAST WGR
Fruit/Vegetable	ORANGE	PINEAPPLE	*HONEYDEW	APPLE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra		CROISSANTS BUN WGR	SAUSAGE PATTY	FLOUR TORTILLA WGR	CANADIAN BACON
AM SNACK	AVOCADO TOAST				ANT LOG
Component 1	AVOCADO	CLUB CRAKERS WGR	SMOOTHIE	BANANA LOAF	CELERY
Component 2	TOAST WW	*CANTALOPE	GRAM CRACKERS WGR	MILK WHOLE/1%	APPLE BUTTER
Extra		BOIL EGG			RAISINS,STRAWBERRIES
LUNCH	CHEESEBURGER	TERRIYAKI RICE BOWL	MEAT EATER PIZZA	HAM POTATO SOUP	TACO SALAD
Meat/Meat Alternate	BEEF PATTY,CHEESE	DICED CHIKEN	CHEESE, TURKEY PEPPERONI/SAUSAGE	DICED HAM, CHEESE	GROUND BEEF/BEANS
Grain	HAMBURGER BUN WGR	BROWN RICE	PIZZA CRUST EGR	SALTINE CRACKERS WGR	TORTILLA CHIPS WGR
Vegetable	OVEN FRIES,LET, PICKLE	GREEN PEPPER, CORN, BROCOLLI	GREEN BEANS	CARROTS, POTATOES	LETTUCE, TOMATO
Fruit or Vegetable	GRAPES	MANDARIN ORANGES	PEACHES	PEARS	APPLES
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	MUSTARD/KETCHUP	TERRIYAKI SAUCE			SALSA
PM SNACK	COWBOY CAVIAR		PROTEIN CUP	ORANGESICLE SALAD	YOGURT PARFAIT
Component 1	PITA CHIPS WGR	STRAWBERRY BANANA YOGURT	CHERRY TOMATO/HAM	COTTAGE CHEESE	ASSORTED YOGURT
Component 2	BLACK BEANS, CORN	GOLDFISH CRACKERS	CHEESE CUBES	MANDARIN ORANGE, TOPPING	BERRIES, GRANOLA WGR
Extra	PICO		CRACKERS CLUB WGR		

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 5/19/25 to 5/23/25 Week 39

Care Food Program! For information about the CACFP, please ask our staff.



	MON 5/19	TUES 5/20	WED 5/21	THURS 5/22	FRI 5/23
BREAKFAST		SANDWICH			
Grain or Meat/Meat Alternate	OATMEAL WGR	ENGLISH MUFFIN WGR	SC EGG, FLOUR TORTILLA WGR	BISCUIT WGR	CHEERIOS CEREAL WGR
Fruit/Vegetable	ORANGE	HASHBROWN	APPLESAUCE	ORANGE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	TOAST WW	EGG PATTY		SAUSAGE GRAVY	
AM SNACK					
Component 1	GRAHAM CRACKER WGR	CHEESE STICK	**FRUIT COCKTAIL	BREAD WW	CUCUMBER SLICES
Component 2	100% ORANGE JUICE	*CANTALOUPE	ANIMAL CRACKERS WGR	CHEESE SLICE	SOFT PRETZEL WGR
Extra					
LUNCH	BEEF STEW		TACO SOUP	PIZZA	CHICKEN FAJITAS
Meat/Meat Alternate	BEEF STEW MEAT	CHILLED CHICKEN BREAST	GROUND BEEF, CHEESE	CHEESE, PEPPERONI	DICED CHICKEN, CHEESE
Grain	OYSTER CRACKERS WGR	BROWN RICE	TORTILLA STRIPS WGR	(PIZZA CRUST) WGR	FLOUR TORTILLA WGR
Vegetable	CORN, CARROT, GREEN BEAN	BROCCOLI	BLACK BEANS, CORN, TOMATO	CARROTS	BELL PEPPER, ONION, TOMATO
Fruit or Vegetable	PEACHES	PEARS	PINEAPPLE	GRAPES	APPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra					SALSA
PM SNACK					LADY BUG ACTIVITY
Component 1	PEACH YOGURT	GRAPES	MINI BAGEL WGR	ANIMAL CRACKERS	ENGLISH MUFFIN WGR
Component 2	*WATERMELON	CELERY STICK	WHOLE/ 1%	BANANA	RAISINS
Extra		100% ORANGE JUICE	CREAM CHEESE		STRAWBERRY JAM

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 5/26/25 to 5/30/25 Week 40

Care Food Program! For information about the CACFP, please ask our staff.



	MON 5/26	TUES 5/27	WED 5/28	THURS 5/29	FRI 5/30
BREAKFAST		PAN OMLET			
Grain or Meat/Meat Alternate	WAFFLES WGR	EGG, CHEESE	OATMEAL WGR	BISCUIT WGR CANADIAN BACON	KIX CEREAL WGR
Fruit/Vegetable	APPLE	GRAPES	DICED PEACHES	ORANGE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	SAUSAGE		WHEAT TOAST	EGG PATTY	ENGLISH MUFFIN WGR
AM SNACK		CHEESE CRISP			
Component 1	TEDDY GRAHAMS WGR	FLOUR TORTILLA WGR	BANANA SHAKE	TOASTED ENGLISH MUFFIN WGR	CHICKEN NOODLE SOUP
Component 2	APPLESAUCE	CHEESE	STRAWBERRY CHEX MIX	PEARS	SALTINES WGR
Extra					
LUNCH	POZOLE		TOSTADA	BBQ CHICKEN SANDWICH	EGGROLL
Meat/Meat Alternate	DICED CHICKEN	BAKED CHICKEN	CHEESE, REFRIED BEANS	DICED CHICKEN	CHICKEN EGGROLL
Grain	FLOUR TORTILLA WGR	DINNER ROLL	TOSTADA SHELL WGR	SLIDER BUN WGR	BROWN RICE
Vegetable	HOMINY	MASHED POTATO	ROMAIN LETTUCE, TOMATOES	POTATO SALAD	BROCCOLI
Fruit or Vegetable	PEACHES	**FRUIT COCKTAIL	PINEAPPLE	GRAPES	APPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra					SWEET & SOUR SAUCE
PM SNACK					
Component 1	CHOCOLATE CHEX MIX WGR	CHEEZ-ITS WGR	TOAST WW	TORTILLA CHIPS	PRETZELS WGR
Component 2	100% APPLE JUICE	BANANA	MILK WHOLE/1%	CHERRY TOMATOES	CHEESE SAUCE
Extra			APPLE BUTTER	100% GRAPE JUICE	

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 6/2/25 to 6/6/25 Week 41

Care Food Program! For information about the CACFP, please ask our staff.



	MON 6/2	TUES 6/3	WED 6/4	THURS 6/5	FRI 6/6
BREAKFAST			HM BREAKFAST BURRITO		
Grain or Meat/Meat Alternate	TOAST WGR	PANCAKE STICK WGR	EGG, POTATO, CHEESE	BAGEL/CREAM CHEESE	FRENCH TOAST
Fruit/Vegetable	PINEAPPLES	APPLESAUCE	ORANGES	*CANTALOUPE	BERRY MIX
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	HAM			BOILED EGG	SAUSAGE LINK
AM SNACK		SANDWICH			FRUIT SALAD
Component 1	CHEEZ-ITZ	BALOGNA	TOAST	STRAWBERRY YOGURT	CLUB CRACKERS
Component 2	100% APPLE JUICE	BREAD WGR	BANANA	CHERRIOS WGR DRY	**FRUIT COCKTAIL
Extra		CHEESE	NUTELLA		
LUNCH	SPAGHETTI	GRILLED CHEESE SANDWICH	CHIMICHANGAS	SUB SANDWICH	MEATLOAF
Meat/Meat Alternate	GROUND BEEF, SAUCE	CHEESE/HAM	CHICKEN/CHEESE	TURKEY/CHEESE	GROUND BEEF
Grain	SPAGHETTI PASTA WGR	BREAD WGR	FLOUR TORTILLA WGR	SUB BUN WGR	DINNER ROLL
Vegetable	GREEN BEANS	TOMATO SOUP	BLACK BEAN & CORN	CUCUMBERS	PEAS/CARROT BLEND
Fruit or Vegetable	FRUIT COCKTAIL	APPLES	GRAPES	*MELON	PEARS
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	GARLIC TOAST, RANCH		SALSA	MAYONOISE, BAKED CHIPS	MASHED POTATOES
PM SNACK		HONEY BERRY YOGURT			PANCAKE JELLY SANDWICH
Component 1	CELERY STICKS	VANILLA YOGURT	BANANA BREAD	CHEESE CUBES	PANCAKE
Component 2	CARROT STICKS	*ASSORTED BERRIES	MILK WHOLE/ 1%	HAM	MILK WHOLE/1%
Extra	RANCH	GRAHAM CRACKER CRUMBS, GRANOLA		RITZ CRACKERS	STRAWBERRY JAM

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 6/9/25 to 6/13/25 Week 42

Care Food Program! For information about the CACFP, please ask our staff.



	MON 6/9	TUES 6/10	WED 6/11	THURS 6/12	FRI 6/13
BREAKFAST					GRILLED CHEESE & EGG SANDWICH
Grain or Meat/Meat Alternate	SAUSAGE PATTY/WAFFLE	DICED HAM/SHREDDED HASHBROWN	TOAST WW/BOILED EGG	OATMEAL/MUFFIN	SCRAMBLED EGG/CHEESE
Fruit/Vegetable	MIXED BERRIES	CHEESE/MANDARIN ORANGES	AVOCADO	STRAWBERRY	APPLE SLICES
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra	MAPLE SYRUP (No Sugar Added)	SALSA	GRAPEFRUIT		TOAST WW
AM SNACK					
Component 1	YOGURT	FRUIT COCKTAIL SALAD	EGG SALAD	MINI BAGEL	SAUSAGE PANCAKE STICK
Component 2	BLUEBERRIES/BANANA	MILK WHOLE/1%	BREAD WW	ORANGE SLICES	APPLESAUCE
Extra	GRAHAM CRACKER			CREAM CHEESE	
LUNCH	CHILI BEANS	NACHOS		TURKEY SLIDERS	
Meat/Meat Alternate	GROUND BEEF/BEEF CHORRIZO	GROUND BEEF/NACHO CHEESE	PORK CHOP	SLICED TURKEY BREAST/CHEESE	CHICKEN NUGGETS
Grain	CORN BREAD	BAKED TOSTITOS SCOOPS	SPANISH RICE	HAWAIIAN ROLL	MACARONI & CHEESE
Vegetable	PINTO BEANS/CORN	CHEESE, LETTUCE, TOMATO	SALAD MIX	CARROT/CELERY STICKS	CORN
Fruit or Vegetable	PEACHES	*CANTALOUPE	PINEAPPLE	GRAPES	BANANA
Fluid Milk	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%	WHOLE/1%
Extra		SOUR CREAM, SALSA	SALAD DRESSING	RANCH	KETCHUP
PM SNACK			PANCAKE DECORATION ACTIVITY		
Component 1	GRAPE PKG	STRAWBERRY JAM & APPLE BUTTER	PANCAKE WG	MIXED FRUIT CUP	WAFFLE BOWL
Component 2	CHEESE CUBE PKG	SANDWICH BREAD WW	STRAWBERRIES/BLUEBERRIES	ANIMAL CRACKERS	STRAWBERRIES/RASPBERRIES
Extra	RITZ CRACKERS	MILK WHOLE/1%	MILK WHOLE/1%		WHIP TOPPING

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 6/16/25 to 6/20/25 Week 43

Care Food Program! For information about the CACFP, please ask our staff.



	MON 6/16	TUES 6/17	WED 6/18	THURS 6/19	FRI 6/20
BREAKFAST		BREAKFAST SLIDER		HM BREAKFAST BURRITO	MOCK GRIDDLE
Grain or Meat/Meat Alternate	BISCUIT WGR W/GRAVY	SC EGG, HAM	RICE KRISPIES WGR	EGG,POTATO,CHEESE	PANCAKES, EGG PATTY
Fruit/Vegetable	ORANGE	PINEAPPLE	GRAPEFRUIT WEDGE	GRAPES	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	SAUSAGE PATTY	HAWAIIAN ROLL WGR	WHEAT TOAST	FLOUR TORTILLA WGR	
AM SNACK					
Component 1	TOASTED BAGEL WGR	BANANA BREAD WGR	CARROT/BROOCOLI STICK	WAFFLE WGR	CHEERIOS
Component 2	MANDARIN ORANGE CUP	FRESH PEAR	HUMMUS	APPLESAUCE CUP	RASPBERRIES
Extra	CREAM CHEESE PC				
LUNCH		BEEF FRIED RICE			GOULASH
Meat/Meat Alternate	SALISBURY STEAK	BEEF STEW MEAT	CHICKEN PATTY	PORK RIBLET/BBQ SAUCE	GROUND BEEF
Grain	DINNER ROLL WGR	BROWN RICE	HAMBURGER BUN WGR	SLIDER BUN WGR	ELBOW MACARONI PASTA WGR
Vegetable	MASHED POTATO	(ASIAN BLEND VEGETABLE)	SMILES FRIES	CORN COB	CORN, GREEN BEAN
Fruit or Vegetable	PEACHES	*CANTALOPE	APPLE	*WATERMELON	PINEAPPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra			RANCH/KETCHUP		GARLIC TOAST WGR
PM SNACK					
Component 1	TOAST WW	MOZZARELLA STICK	CORNBREAD MUFFIN WGR	BOILED EGG	SALTINE CRACKER WGR
Component 2	MILK WHOLE/1%	TOMATO SLICES	*STRAWBERRIES	CIN RAISIN TOAST WGR	FRESH PEAR
Extra	APPLE BUTTER/JAM				100% APPLE JUICE

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 6/23/25 to 6/27/25 Week 44

Care Food Program! For information about the CACFP, please ask our staff.



	MON 6/23	TUES 6/24	WED 6/25	THURS 6/26	FRI 6/27
BREAKFAST		STUFFED CROISSANTS		CHEESE CRISP	
Grain or Meat/Meat Alternate	FROSTED MINI WHEATS WGR	CHEESE, HAM	CREAM OF WHEAT WGR	SC EGG, GR CHILI, CHEESE	FRENCH TOAST WGR
Fruit/Vegetable	ORANGE	PINEAPPLE	*HONEYDEW	APPLE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra		CROISSANTS BUN WGR	SAUSAGE PATTY	FLOUR TORTILLA WGR	CANADIAN BACON
AM SNACK	AVOCADO TOAST				ANT LOG
Component 1	AVOCADO	CLUB CRAKERS WGR	SMOOTHIE	BANANA LOAF	CELERY
Component 2	TOAST WW	*CANTALOPE	GRAM CRACKERS WGR	MILK WHOLE/1%	APPLE BUTTER
Extra		BOIL EGG			RAISINS,STRAWBERRIES
LUNCH	CHEESEBURGER	TERRIYAKI RICE BOWL	MEAT EATER PIZZA	HAM POTATO SOUP	TACO SALAD
Meat/Meat Alternate	BEEF PATTY,CHEESE	DICED CHIKEN	CHEESE, TURKEY PEPPERONI/SAUSAGE	DICED HAM, CHEESE	GROUND BEEF/BEANS
Grain	HAMBURGER BUN WGR	BROWN RICE	PIZZA CRUST EGR	SALTINE CRACKERS WGR	TORTILLA CHIPS WGR
Vegetable	OVEN FRIES,LET, PICKLE	GREEN PEPPER, CORN, BROCOLLI	GREEN BEANS	CARROTS, POTATOES	LETTUCE, TOMATO
Fruit or Vegetable	GRAPES	MANDARIN ORANGES	PEACHES	PEARS	APPLES
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	MUSTARD/KETCHUP	TERRIYAKI SAUCE			SALSA
PM SNACK	COWBOY CAVIAR		PROTEIN CUP	ORANGESICLE SALAD	YOGURT PARFAIT
Component 1	PITA CHIPS WGR	STRAWBERRY BANANA YOGURT	CHERRY TOMATO/HAM	COTTAGE CHEESE	ASSORTED YOGURT
Component 2	BLACK BEANS, CORN	GOLDFISH CRACKERS	CHEESE CUBES	MANDARIN ORANGE, TOPPING	BERRIES, GRANOLA WGR
Extra	PICO		CRACKERS CLUB WGR		

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM

Name of Center: _____

Menu for the Week of 6/30/25 to 7/4/25

Week 45

Care Food Program! For information about the CACFP, please ask our staff.



	MON 6/30	TUES 7/1	WED 7/2	THURS 7/3	FRI 7/4
BREAKFAST		SANDWICH			
Grain or Meat/Meat Alternate	OATMEAL WGR	ENGLISH MUFFIN WGR	SC EGG, FLOUR TORTILLA WGR	BISCUIT WGR	CHEERIOS CEREAL WGR
Fruit/Vegetable	ORANGE	HASHBROWN	APPLESAUCE	ORANGE	BANANA
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra	TOAST WW	EGG PATTY		SAUSAGE GRAVY	
AM SNACK					
Component 1	GRAHAM CRACKER WGR	CHEESE STICK	**FRUIT COCKTAIL	BREAD WW	CUCUMBER SLICES
Component 2	100% ORANGE JUICE	*CANTALOUPE	ANIMAL CRACKERS WGR	CHEESE SLICE	SOFT PRETZEL WGR
Extra					
LUNCH	BEEF STEW		TACO SOUP	PIZZA	CHICKEN FAJITAS
Meat/Meat Alternate	BEEF STEW MEAT	CHILLED CHICKEN BREAST	GROUND BEEF, CHEESE	CHEESE, PEPPERONI	DICED CHICKEN, CHEESE
Grain	OYSTER CRACKERS WGR	BROWN RICE	TORTILLA STRIPS WGR	(PIZZA CRUST) WGR	FLOUR TORTILLA WGR
Vegetable	CORN, CARROT, GREEN BEAN	BROCCOLI	BLACK BEANS, CORN, TOMATO	CARROTS	BELL PEPPER, ONION, TOMATO
Fruit or Vegetable	PEACHES	PEARS	PINEAPPLE	GRAPES	APPLE
Fluid Milk	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%	WHOLE/ 1%
Extra					SALSA
PM SNACK					LADY BUG ACTIVITY
Component 1	PEACH YOGURT	GRAPES	MINI BAGEL WGR	ANIMAL CRACKERS	ENGLISH MUFFIN WGR
Component 2	*WATERMELON	CELERY STICK	WHOLE/ 1%	BANANA	RAISINS
Extra		100% ORANGE JUICE	CREAM CHEESE		STRAWBERRY JAM

Acronyms

Identification of Mixed Foods

Menu Statements

WGR: Whole Grain-Rich
 HM: Homemade
 CN: Processed/Convenience Item (CN label available)

(i.e., fruit salad: apples, peaches, banana)
 *SEASONAL FRUIT
 **FRUIT COCKTAIL
 PEACHE, PEARS, PINEAPPLE, CHERRIES

All juices served are 100% juice.
 Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.
 Water coolers are in each classroom - participants are offered and have access to water throughout the day.
 I:THA KI'O VES HEMACHKAM HA WI:KAM