Diminuendo

Breathe...... Can you hear them?
Breathe... Do you see them?
Breathe, I can hear them
Breathe! I can't see them
Breathe!!!

The desperation, the degradation, and implication
The inflation, frustration, and translation
How can they do this, who does this, why did they do this?
The accusation, affixation, and allegation
The altercation, complication and defamation
I don't understand it, it's not candid, I'm reprimanded
But soon enough...

Inspiring song, how I long to be strong
They smiled at me, I see them
They whisper to me, I hear them
"Smile, go the mile, make it worthwhile
Fly, apply, and why do you speak in rhyme?
I think it's time, to step out, it's not a crime
Why be everyone else?"

I hear them, I see them, my intrusive elusive thoughts
My eternal mortal friends, thank you
I see the stars shine brightly, it all is slightly
Amazing, as they all are blazing, appraising
The night as it lights up the might of the moon
As my friends light up mine

Oh, these whispers of affirmation, creation, salvation, aspiration, and inspiration
What I'm trying to inquire is this entire poem are to inspire
Whispers of hope

Top Three Finalist - Poetry Category
Title: Diminuendo
by Alayna Mark
12th Grade, District 3,
Casa Grande Union High School

Whispers of Hope

Embracing Life During Suicide Prevention & Awareness Month

Hold On

Time goes fast but feels still
heart aching I feel ill,
Drowning in sorrow,
Trying for a better tomorrow.

Hoping for better days,
And on my knees I pray,
Hope is fray,
But it gives more reason to stay.

Life is beautiful, I must fight,
I am holding with all my might.

Better days will come,
No one said it will be easy,
God said it is not my time,
It is the world against me!

Whispers
of
Hope

Top Three Finalist - Poetry Category
Title: Hold On
Author wishes to remain anonymous
11th Grade, District 3,

Embracing Life During Suicide Prevention & Awareness Month

Top Three Finalist - Art Category
Francis Histia
11th Grade, District 3,
Casa Grande Union High School

Whispers
of
Hope

Embracing Life During Suicide Prevention & Awareness Month

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